

# Individual Best Times (All Time)

Nathaniel Harries - (842860) - Neath ASC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:41.06	480	F	19/10/19	Neath ASC Open Meet	Swansea	Neath	1
4:52.00	428	F	31/05/15	Cardiff International Open Meet 2015	Cardiff	Nofio S Gar	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:41.06	480	F	19/10/19	Neath ASC Open Meet	Swansea	Neath	1
4:52.00	428	F	31/05/15	Cardiff International Open Meet 2015	Cardiff	Nofio S Gar	1