## **Individual Best Times (All Time)**

Laurence Metcalfe - (842110) - Keynsham SC - 400 Individual Medley - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level	
5:59.34	307	F	02/11/13	City of Bristol SC Level 3 LC Open Meet	Bristol	Keynsham	3	

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:59.34	307	F	02/11/13	City of Bristol SC Level 3 LC Open Meet	Bristol	Keynsham	3

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