

# Individual Best Times (All Time)

Abbie Quarrie - (841916) - Poole SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:08.34	444	H	30/05/15	ASASWR Summer Championships	Millfield		1
5:22.95	387	H	08/06/13	ASA South West Region Age Groups 2013	Millfield	S Bournem'th	1
5:29.21	365	F	11/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	S Bournem'th	1
5:36.15	343	F	17/11/12	Welsh Capital Open Meet 2012	Cardiff	S Bournem'th	1
5:39.59	332	F	12/01/13	Portsmouth Northsea SC Level 1 Open Meet	Portsmouth	S Bournem'th	1
5:46.75	312	H	16/06/12	British Gas South West Region AG Champs	Millfield	S Bournem'th	1

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