

# Individual Best Times (All Time)

Simon Robson - (839058) - York City Baths Club - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:37.27	669	H	06/04/23	British Swimming Championships 2023	Sheffield	York City	1
4:38.31	661	H	25/07/23	British Summer Championships	Sheffield	York City	1
4:40.04	649	H	11/03/23	72nd ESSA National Inter-Divisional Championships	Coventry		1
4:41.32	640	H	07/04/22	British Championships 2022	Sheffield	York City	1
4:41.36	640	F	12/02/22	Yorkshire Swimming Association Championships 2022	Leeds	York City	1
4:43.44	626	H	25/07/22	British Summer Championships	Sheffield	York City	1
4:45.88	610	F	25/07/22	British Summer Championships	Sheffield	York City	1
4:53.56	563	H	12/02/22	Yorkshire Swimming Association Championships 2022	Leeds	York City	1
5:15.75	453	H	04/01/20	City of Leeds New Year Meet 2020	Leeds	York City	3
6:06.09	290	H	25/02/17	Yorkshire SA County Championships	Leeds	York City	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:38.31	661	H	25/07/23	British Summer Championships	Sheffield	York City	1
4:37.27	669	H	06/04/23	British Swimming Championships 2023	Sheffield	York City	1
4:40.04	649	H	11/03/23	72nd ESSA National Inter-Divisional Championships	Coventry		1
4:45.88	610	F	25/07/22	British Summer Championships	Sheffield	York City	1
4:43.44	626	H	25/07/22	British Summer Championships	Sheffield	York City	1
4:41.32	640	H	07/04/22	British Championships 2022	Sheffield	York City	1
4:41.36	640	F	12/02/22	Yorkshire Swimming Association Championships 2022	Leeds	York City	1
4:53.56	563	H	12/02/22	Yorkshire Swimming Association Championships 2022	Leeds	York City	1
5:15.75	453	H	04/01/20	City of Leeds New Year Meet 2020	Leeds	York City	3
6:06.09	290	H	25/02/17	Yorkshire SA County Championships	Leeds	York City	1