

# Individual Best Times (All Time)

Harry Constantine - (837746) - Hatfield SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:00.72	764	H	12/02/21	Manchester International Swim Meet	Manchester	Hatfield	1
4:01.90	752	H	12/03/21	British Swimming Invitation Meet	Manchester	Hatfield	1
4:02.82	744	H	18/04/17	British Swimming Championships 2017	Sheffield	Hatfield	1
4:03.78	735	H	06/05/18	East Swimming Long Course Championships 2018	Norwich	Hatfield	1
4:03.82	735	H	13/12/17	Swim England Winter Championships 2017	Sheffield	Hatfield	1
4:04.21	731	H	02/03/18	Edinburgh International Inc British Championships	Edinburgh	Hatfield	1
4:06.34	712	H	24/07/18	British Summer Championships	Sheffield	Hatfield	1
4:08.11	697	H	26/07/16	British Summer Championships	Sheffield	Hatfield	1
4:08.75	692	F	13/12/17	Swim England Winter Championships 2017	Sheffield	Hatfield	1
4:09.43	686	H	05/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Dunstable	1
4:09.81	683	F	26/07/16	British Summer Championships	Sheffield	Hatfield	1
4:13.13	657	F	22/10/17	Manchester International Swim Meet (ISM) 2017	Manchester	Hatfield	1
4:13.40	655	H	22/10/17	Manchester International Swim Meet (ISM) 2017	Manchester	Hatfield	1
4:13.93	650	H	30/04/17	ASA East Long Course Championships	Luton	Hatfield	1
4:15.59	638	F	12/03/17	Edinburgh International Meet 2017	Edinburgh	East Region	1
4:15.78	636	H	01/05/16	ASA East Region Long Course Championships	Norwich	Hatfield	1
4:16.44	632	H	14/05/16	Team Luton May Long Course Meet	Luton	Hatfield	1
4:17.39	625	H	16/04/16	Team Luton April Long Course Meet	Luton	Hatfield	1
4:20.18	605	H	14/01/17	16th City of Derby Long Course Open Meet	Sheffield	Hatfield	1
4:22.71	587	H	22/03/15	Bedfordshire ASA County Championships	Luton		1
4:23.10	585	H	17/05/15	Rotherham Metro Level One Long Course Meet	Sheffield		1
4:23.52	582	H	11/04/15	Team Luton April Long Course Meet	Luton		1
4:27.66	555	H	03/05/15	ASA East Region Summer Championships Weekend 1	Luton		1
4:31.35	533	H	03/08/14	BG ASA National Age Groups Champs 2014	Sheffield		1
4:32.74	525	H	15/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich		1
4:38.50	493	H	18/05/14	Northampton SC Spring Festival Open Meet	Corby	Dunstable	1

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