Individual Best Times (All Time)

Sam Mead - (837741) - Linslade Crusaders Swimming Club - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:43.14	469	Н	03/02/19	Bedfordshire ASA 2019 Age Group and County Champs	Luton	Linslade	1
4:45.19	459	Н	04/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	Dunstable	1
5:06.99	368	Н	14/02/16	Bedfordshire Age Group & County Champs	Luton	Dunstable	1

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