Individual Best Times (All Time)

Francesca Whiting - (837662) - Royal Tunbridge Wells Monson SC - 200 Freestyle - Long Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
2:09.08	668	Н	14/03/20	Edinburgh International	Edinburgh		1
2:11.63	630	Н	28/01/18	Kent Swimming Championships 2018	Crystal Palace	Sevenoaks	1
2:11.86	626	F	15/02/20	Swansea Aquatics 2020 Spring LC Open Meet	Swansea	Ellesmere Co	1
2:12.01	624	Н	19/01/20	Flanders Swimming Cup	Antwerp, Belgium		1
2:12.08	623	Н	27/05/18	London Swimming 2018 Long Course Summer Open	London	RTW Monson	1
2:12.16	622	Н	07/05/18	Swim England South East Championships 2018	Wycombe	RTW Monson	1
2:12.42	618	Н	24/07/21	South East Festival of Swimming 2021	Wycombe	RTW Monson	1
2:12.61	616	Н	28/01/17	Kent Swimming Championships	Crystal Palace	Sevenoaks	1
2:12.68	615	Н	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Sevenoaks	1
2:12.83	613	Н	01/08/16	ASA Summer Nationals 2016	Sheffield	Sevenoaks	1
2:13.01	610	Н	02/02/19	Kent Swimming Championships 2019	Crystal Palace	RTW Monson	1
2:13.10	609	Н	30/04/23	East Midlands Regional LC Championships 2023	Derby	Uni of Nott	1
2:13.17	608	Н	29/05/16	ASA South East Region Swimming Championships	Crawley	Sevenoaks	1
2:13.24	607	F	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	RTW Monson	1
2:13.32	606	Н	01/05/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
2:13.75	600	Н	07/05/18	Swim England South East Championships 2018	Wycombe	RTW Monson	1
2:13.88	598	Н	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	Uni of Nott	1
2:13.94	598	Н	01/05/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
2:14.04	596	F	11/03/18	WDSC Long Course Premier Open Meet	Wycombe	RTW Monson	1
2:14.26	593	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Sevenoaks	1
2:14.48	590	Н	29/05/16	ASA South East Region Swimming Championships	Crawley	Sevenoaks	1
2:15.03	583	Н	16/04/17	Team Luton April Long Course Meet 2017	Luton	Sevenoaks	1
2:15.26	580	Н	21/05/16	Nova Centurion May Level 1 Long Course Open Meet	Nottingham	Sevenoaks	1
2:15.53	577	Н	17/04/16	Team Luton April Long Course Meet	Luton	Sevenoaks	1
2:16.08	570	F	27/05/17	Cardiff International Open Meet 2017	Cardiff	Sevenoaks	1
2:16.18	569	Н	27/05/17	Cardiff International Open Meet 2017	Cardiff		1
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Z.10.ZU	000	п	23/02/24	DUGO LUNG COUISE OWNTHING CHAMPIONSHIPS 2020-24	SHEIIIEIU		Page 2 / 3
2:16.35	566	Н	31/01/16	Kent Swimming Championships 2016	Crystal Palace	Sevenoaks	1
2:16.36	566	F	31/01/16	Kent Swimming Championships 2016	Crystal Palace	Sevenoaks	1
2:16.60	563	Н	16/05/15	ASASER Swimming Championships	Crawley	Sevenoaks	1
2:16.97	559	Н	27/06/15	ESSA Inter-Divisional Championships	Sunderland		1
2:17.17	556	Н	25/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	RTW Monson	1
2:17.22	556	Н	04/04/15	Beckenham Easter International Open 2015	Crystal Palace		1
2:17.48	553	Н	16/05/15	ASASER Swimming Championships	Crawley	Sevenoaks	1
2:17.65	551	Н	19/12/15	Northampton 2015 Long Course Winter Festival	Corby	Sevenoaks	1
2:17.84	548	F	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Sevenoaks	1
2:18.04	546	F	19/04/15	Crawley Spring LC Open Meet 2015	Crawley	Sevenoaks	1
2:18.05	546	F	22/03/15	Essa SE Division Inter County Gala	Surrey		1
2:20.75	515	F	29/05/15	Cardiff International Open Meet 2015	Cardiff	Sevenoaks	1
2:21.17	510	Н	15/06/14	ASA South East Region Age Group Championships	Crawley	Sevenoaks	1
2:21.57	506	Н	20/12/14	Northampton Winter Festival Meet	Corby		1
2:22.26	499	Н	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield		1
2:25.16	469	Н	18/05/14	Bracknell & Wokingham SC L1 Open Meet	Aldershot	Sevenoaks	1
2:32.71	403	F	17/11/13	Crawley Not So Early Bird Meet	Crawley	Sevenoaks	1
2:33.26	399		09/06/13	ASA South East Region Age Group Championships 2013	Crawley	Sevenoaks	1
2:35.69	380	Н	11/05/13	Beckenham SC International Open Meet	Crystal Palace	Sevenoaks	1

Swims in Date Order

me	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
:16.20	568	Н	23/02/24	BUCS Long Course Swimming Championships 2023-24	Sheffield		1
:13.10	609	Н	30/04/23	East Midlands Regional LC Championships 2023	Derby	Uni of Nott	1
:17.17	556	Н	25/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	RTW Monson	1
:13.88	598	Н	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	Uni of Nott	1
:12.42	618	Н	24/07/21	South East Festival of Swimming 2021	Wycombe	RTW Monson	1
:09.08	668	Н	14/03/20	Edinburgh International	Edinburgh		1
:11.86	626	F	15/02/20	Swansea Aquatics 2020 Spring LC Open Meet	Swansea	Ellesmere Co	1
:12.01	624	Н	19/01/20	Flanders Swimming Cup	Antwerp, Belgium		1
:13.24	607	F	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	RTW Monson	1
:13.01	610	Н	02/02/19	Kent Swimming Championships 2019	Crystal Palace	RTW Monson	1
:12.08	623	Н	27/05/18	London Swimming 2018 Long Course Summer Open	London	RTW Monson	1
:13.75	600	Н	07/05/18	Swim England South East Championships 2018	Wycombe	RTW Monson	1
:12.16	622	Н	07/05/18	Swim England South East Championships 2018	Wycombe	RTW Monson	1
:14.04	596	F	11/03/18	WDSC Long Course Premier Open Meet	Wycombe	RTW Monson	1
:11.63	630	Н	28/01/18	Kent Swimming Championships 2018	Crystal Palace	Sevenoaks	1
:12.68	615	Н	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Sevenoaks	1
:16.08	570	F	27/05/17	Cardiff International Open Meet 2017	Cardiff	Sevenoaks	1
:16.18	569	Н	27/05/17	Cardiff International Open Meet 2017	Cardiff		1
:13.94	598	Н	01/05/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
:13.32	606	Н	01/05/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
:15.03	583	Н	16/04/17	Team Luton April Long Course Meet 2017	Luton	Sevenoaks	1
:12.61	616	Н	28/01/17	Kent Swimming Championships	Crystal Palace	Sevenoaks	1
:12.83	613	Н	01/08/16	ASA Summer Nationals 2016	Sheffield	Sevenoaks	1
:14.48	590	Н	29/05/16	ASA South East Region Swimming Championships	Crawley	Sevenoaks	1
:13.17	608	Н	29/05/16	ASA South East Region Swimming Championships	Crawley	Sevenoaks	1
:15.26	580	Н	21/05/16	Nova Centurion May Level 1 Long Course Open Meet	Nottingham	Sevenoaks	1
:15.53	577	Н	17/04/16	Team Luton April Long Course Meet	Luton	Sevenoaks	1
:14.26	593	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Sevenoaks	1
:16.36	566	F	31/01/16	Kent Swimming Championships 2016	Crystal Palace	Sevenoaks	1
:16.35	566	Н	31/01/16	Kent Swimming Championships 2016	Crystal Palace	Sevenoaks	1

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2:16.97	559	Н	27/06/15	ESSA Inter-Divisional Championships	Sunderland		1
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2:18.05	546	F	22/03/15	Essa SE Division Inter County Gala	Surrey		1
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2:33.26	399		09/06/13	ASA South East Region Age Group Championships 2013	Crawley	Sevenoaks	1
2:35.69	380	Н	11/05/13	Beckenham SC International Open Meet	Crystal Palace	Sevenoaks	1

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