

# Individual Best Times (All Time)

Francesca Whiting - (837662) - Royal Tunbridge Wells Monson SC - 100 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:00.04	638	F	03/08/18	Swim England National Summer Meet	Sheffield	RTW Monson	1
1:00.08	637	H	03/08/18	Swim England National Summer Meet	Sheffield	RTW Monson	1
1:00.15	635	H	05/08/17	Swim England National Summer Meet (50m)	Sheffield	Sevenoaks	1
1:00.32	629	F	07/04/18	Guildford City L1 Spring Open Meet	Surrey	RTW Monson	1
1:00.35	629	H	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	Uni of Nott	1
1:00.38	628	F	07/04/18	Guildford City L1 Spring Open Meet	Surrey	RTW Monson	1
1:00.44	626	H	07/03/20	Arena National League 20th B Final	Cardiff	RTW Monson	1
1:00.48	625	H	07/05/22	SE East Midland Regional Long Course Championships	Sheffield	Uni of Nott	1
1:00.52	623	F	28/01/17	Kent Swimming Championships	Crystal Palace	Sevenoaks	1
1:00.52	623	F	05/08/17	Swim England National Summer Meet (50m)	Sheffield	Sevenoaks	1
1:00.52	623	H	28/01/18	Kent Swimming Championships 2018	Crystal Palace	Sevenoaks	1
1:00.55	622	F	02/02/19	Kent Swimming Championships 2019	Crystal Palace	RTW Monson	1
1:00.65	619	H	20/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield		1
1:00.67	619	H	24/02/24	BUCS Long Course Swimming Championships 2023-24	Sheffield		1
1:00.70	618	F	07/04/24	Crawley Spring L1 Open Meet LC 2024	Crawley		1
1:00.72	617	H	04/08/16	ASA Summer Nationals 2016	Sheffield	Sevenoaks	1
1:00.73	617	H	02/02/19	Kent Swimming Championships 2019	Crystal Palace	RTW Monson	1
1:00.84	613	H	28/01/17	Kent Swimming Championships	Crystal Palace	Sevenoaks	1
1:00.87	613	H	29/04/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
1:00.95	610	F	04/08/16	ASA Summer Nationals 2016	Sheffield	Sevenoaks	1
1:00.98	609	F	28/01/17	Kent Swimming Championships	Crystal Palace	Sevenoaks	1
1:01.01	608	H	26/05/18	London Swimming 2018 Long Course Summer Open	London	RTW Monson	1
1:01.06	607	H	05/05/18	Swim England South East Championships 2018	Wycombe	RTW Monson	1
1:01.12	605	F	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	RTW Monson	1
1:01.12	605	F	16/02/20	Swansea Aquatics 2020 Spring LC Open Meet	Swansea	Ellesmere Co	1
1:01.13	605	H	04/03/18	Edinburgh International Inc British Championships	Edinburgh	RTW Monson	1
1:01.15	604	H	06/04/22	SE East Midlands Regional LC Championships 2022	Derby	Uni of Nott	1

1:01.13	604	H	29/04/23	East Midlands Regional LC Championships 2023	Derby	Uni of Nott	1
1:01.20	603	H	29/04/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
1:01.23	602	H	05/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Sevenoaks	1
1:01.30	600	F	31/01/16	Kent Swimming Championships 2016	Crystal Palace	Sevenoaks	1
1:01.36	598	H	28/05/16	ASA South East Region Swimming Championships	Crawley	Sevenoaks	1
1:01.42	596	H	16/04/16	Team Luton April Long Course Meet	Luton	Sevenoaks	1
1:01.50	594	H	05/05/18	Swim England South East Championships 2018	Wycombe	RTW Monson	1
1:01.75	587	F	22/05/16	Nova Centurion May Level 1 Long Course Open Meet	Nottingham	Sevenoaks	1
1:01.76	586	H	26/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	RTW Monson	1
1:01.77	586	F	06/01/18	UBSC New Year Level 1 Open Meet	Hengrove	Sevenoaks	1
1:01.81	585	H	15/04/17	Team Luton April Long Course Meet 2017	Luton	Sevenoaks	1
1:01.83	584	F	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Sevenoaks	1
1:02.08	577	H	22/05/16	Nova Centurion May Level 1 Long Course Open Meet	Nottingham	Sevenoaks	1
1:02.08	577	H	28/05/16	ASA South East Region Swimming Championships	Crawley	Sevenoaks	1
1:02.08	577	H	08/04/17	The National Arena Swimming League 16th B Final	Cardiff	Sevenoaks	1
1:02.27	572	F	28/01/18	Kent Swimming Championships 2018	Crystal Palace	Sevenoaks	1
1:02.42	568	H	31/01/16	Kent Swimming Championships 2016	Crystal Palace	Sevenoaks	1
1:02.60	563	H	26/05/17	Cardiff International Open Meet 2017	Cardiff	Sevenoaks	1
1:02.77	559	H	17/05/15	ASASER Swimming Championships	Crawley	Sevenoaks	1
1:02.85	556	F	30/05/15	Cardiff International Open Meet 2015	Cardiff	Sevenoaks	1
1:03.04	551	H	04/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	RTW Monson	1
1:03.83	531	H	30/05/15	Cardiff International Open Meet 2015	Cardiff	Sevenoaks	1
1:03.98	527	H	17/05/15	ASASER Swimming Championships	Crawley	Sevenoaks	1
1:04.21	522	H	20/12/15	Northampton 2015 Long Course Winter Festival	Corby	Sevenoaks	1
1:04.47	516	F	03/04/16	Guildford City Springboard Level 1 Open Meet	Guildford	Sevenoaks	1
1:04.78	508	F	19/04/15	Crawley Spring LC Open Meet 2015	Crawley	Sevenoaks	1
1:04.80	508	F	08/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Sevenoaks	1
1:05.84	484	H	05/04/15	Beckenham Easter International Open 2015	Crystal Palace		1
1:07.16	456	H	14/06/14	ASA South East Region Age Group Championships	Crawley	Sevenoaks	1
1:07.62	447	H	11/05/14	Beckenham International Open Meet	London	Sevenoaks	1
1:07.94	440	H	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield		1
1:10.11	401	F	17/11/13	Crawley Not So Early Bird Meet	Crawley	Sevenoaks	1
1:12.34	365	H	12/05/13	Beckenham SC International Open Meet	Crystal Palace	Sevenoaks	1

## Swims in Date Order

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1:00.35	629	H	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	Uni of Nott	1
1:00.70	618	F	07/04/24	Crawley Spring L1 Open Meet LC 2024	Crawley		1
1:00.67	619	H	24/02/24	BUCS Long Course Swimming Championships 2023-24	Sheffield		1
1:01.15	604	H	29/04/23	East Midlands Regional LC Championships 2023	Derby	Uni of Nott	1
1:01.76	586	H	26/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	RTW Monson	1
1:00.48	625	H	07/05/22	SE East Midland Regional Long Course Championships	Sheffield	Uni of Nott	1
1:00.65	619	H	20/02/22	Speedo & BUCS Long Course Swimming Championships	Sheffield		1
1:00.44	626	H	07/03/20	Arena National League 20th B Final	Cardiff	RTW Monson	1
1:01.12	605	F	16/02/20	Swansea Aquatics 2020 Spring LC Open Meet	Swansea	Ellesmere Co	1
1:03.04	551	H	04/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	RTW Monson	1
1:01.12	605	F	24/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	RTW Monson	1
1:00.55	622	F	02/02/19	Kent Swimming Championships 2019	Crystal Palace	RTW Monson	1
1:00.73	617	H	02/02/19	Kent Swimming Championships 2019	Crystal Palace	RTW Monson	1
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