

# Individual Best Times (All Time)

Francesca Whiting - (837662) - Royal Tunbridge Wells Monson SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:28.40	613	F	19/01/20	Flanders Swimming Cup	Antwerp, Belgium		1
2:28.88	607	H	15/03/20	Edinburgh International	Edinburgh		1
2:29.55	599	F	15/02/20	Swansea Aquatics 2020 Spring LC Open Meet	Swansea	Ellesmere Co	1
2:30.07	593	H	27/01/19	Kent Swimming Championships 2019	Crystal Palace	RTW Monson	1
2:31.55	576	H	19/01/20	Flanders Swimming Cup	Antwerp, Belgium		1
2:31.66	575	H	12/02/17	Kent Swimming Championships	London Aquatics	Sevenoaks	1
2:32.62	564	F	08/04/18	Guildford City L1 Spring Open Meet	Surrey	RTW Monson	1
2:32.77	562	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
2:33.68	552	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
2:33.99	549	F	08/04/18	Guildford City L1 Spring Open Meet	Surrey	RTW Monson	1
2:34.38	545	H	28/05/16	ASA South East Region Swimming Championships	Crawley	Sevenoaks	1
2:35.86	529	H	16/04/16	Team Luton April Long Course Meet	Luton	Sevenoaks	1
2:37.99	508	H	14/02/16	Kent Swimming Championships 2016	London	Sevenoaks	1
2:38.65	502	F	14/02/16	Kent Swimming Championships 2016	London	Sevenoaks	1
2:47.43	427	H	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield		1
2:50.18	407	H	05/04/15	Beckenham Easter International Open 2015	Crystal Palace		1
2:50.44	405	H	14/06/14	ASA South East Region Age Group Championships	Crawley	Sevenoaks	1
2:52.70	389	H	18/05/14	Bracknell & Wokingham SC L1 Open Meet	Aldershot	Sevenoaks	1
2:52.88	388	H	11/05/14	Beckenham International Open Meet	London	Sevenoaks	1
2:56.52	364	F	16/11/13	Crawley Not So Early Bird Meet	Crawley	Sevenoaks	1
2:58.68	351		08/06/13	ASA South East Region Age Group Championships 2013	Crawley	Sevenoaks	1
3:04.25	320	H	12/05/13	Beckenham SC International Open Meet	Crystal Palace	Sevenoaks	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:28.88	607	H	15/03/20	Edinburgh International	Edinburgh		1

2:29.55	599	F	15/02/20	Swansea Aquatics 2020 Spring LC Open Meet	Swansea	Ellesmere Co	1
2:28.40	613	F	19/01/20	Flanders Swimming Cup	Antwerp, Belgium		1
2:31.55	576	H	19/01/20	Flanders Swimming Cup	Antwerp, Belgium		1
2:30.07	593	H	27/01/19	Kent Swimming Championships 2019	Crystal Palace	RTW Monson	1
2:32.62	564	F	08/04/18	Guildford City L1 Spring Open Meet	Surrey	RTW Monson	1
2:33.99	549	F	08/04/18	Guildford City L1 Spring Open Meet	Surrey	RTW Monson	1
2:32.77	562	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
2:33.68	552	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
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