## **Individual Best Times (All Time)**

Francesca Whiting - (837662) - Royal Tunbridge Wells Monson SC - 200 Backstroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

2:21.12 2:21.50 2:22.05 2:22.84 2:22.98 2:23.05 2:23.59	664 659 651 640 638 637 630	F H H F H	04/08/18 19/04/19 03/02/19 04/08/19 04/08/18 04/05/19	Swim England National Summer Meet British Championships 2019 Kent Swimming Championships 2019 Swim England National Summer Meet Swim England National Summer Meet	Sheffield Glasgow Crystal Palace Sheffield	RTW Monson RTW Monson RTW Monson RTW Monson	1 1 1
2:22.05 2:22.84 2:22.98 2:23.05 2:23.59	651 640 638 637 630	Н F Н	03/02/19 04/08/19 04/08/18	Kent Swimming Championships 2019 Swim England National Summer Meet	Crystal Palace	RTW Monson	1
2:22.84 2:22.98 2:23.05 2:23.59	640 638 637 630	F H H	04/08/19 04/08/18	Swim England National Summer Meet	-		1
2:22.98 2:23.05 2:23.59	638 637 630	H H	04/08/18	·	Sheffield	RTW Monson	
2:23.05 2:23.59	637 630	Н		Swim England National Summer Meet			1
2:23.59	630		04/05/19		Sheffield	RTW Monson	1
				Swim England 15 Over Swimming Championships 2019	Wycombe	RTW Monson	1
		Н	04/08/19	Swim England National Summer Meet	Sheffield	RTW Monson	1
2:23.84	627	F	25/05/19	2019 London Swimming National Qualifier	London	RTW Monson	1
2:24.02	625	F	16/02/20	Swansea Aquatics 2020 Spring LC Open Meet	Swansea	Ellesmere Co	1
2:24.05	624	Н	18/01/20	Flanders Swimming Cup	Antwerp, Belgium		1
2:24.61	617	F	18/01/20	Flanders Swimming Cup	Antwerp, Belgium		1
2:26.04	599	F	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	RTW Monson	1
2:26.50	593	Н	15/03/20	Edinburgh International	Edinburgh		1
2:26.88	589	Н	05/05/18	Swim England South East Championships 2018	Wycombe	RTW Monson	1
2:26.99	587	F	08/04/18	Guildford City L1 Spring Open Meet	Surrey	RTW Monson	1
2:27.41	582	Н	27/01/18	Kent Swimming Championships 2018	Crystal Palace	Sevenoaks	1
2:27.59	580	Н	13/05/17	BPSC Spring Long Course Meet	Basildon	Sevenoaks	1
2:27.76	578	Н	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Sevenoaks	1
2:28.74	567	Н	24/07/21	South East Festival of Swimming 2021	Wycombe	RTW Monson	1
2:28.95	565	Н	16/04/17	Team Luton April Long Course Meet 2017	Luton	Sevenoaks	1
2:29.46	559	Н	29/01/17	Kent Swimming Championships	Crystal Palace	Sevenoaks	1
2:29.72	556	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	RTW Monson	1
2:36.08	491	Н	30/01/16	Kent Swimming Championships 2016	Crystal Palace	Sevenoaks	1
2:36.33	488	Н	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	Uni of Nott	1
2:37.49	478	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Sevenoaks	1
2:40.73	449	Н	20/12/14	Northampton Winter Festival Meet	Corby		1
right 2024	1	П	04/04/15	Poeksaham Easter International Open 1015	Countal Dalass	Powered By SPOR	TSYS⊤E

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4.41.30	444	П	U4/U4/10	рескеппатт даятет інтегнатіонаї Орен 2015	Orysiai Falace		rage 272
2:42.52	434	Н	17/05/15	ASASER Swimming Championships	Crawley	Sevenoaks	1
2:44.21	421	Н	10/05/14	Beckenham International Open Meet	London	Sevenoaks	1
2:45.03	415	Н	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield		1
2:51.80	368	F	17/11/13	Crawley Not So Early Bird Meet	Crawley	Sevenoaks	1
2:53.99	354		25/05/13	ASA South East Region Age Group Champs	Crawley	Sevenoaks	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:36.33	488	Н	08/05/22	SE East Midland Regional Long Course Championships	Sheffield	Uni of Nott	1
2:28.74	567	Н	24/07/21	South East Festival of Swimming 2021	Wycombe	RTW Monson	1
2:26.50	593	Н	15/03/20	Edinburgh International	Edinburgh		1
2:24.02	625	F	16/02/20	Swansea Aquatics 2020 Spring LC Open Meet	Swansea	Ellesmere Co	1
2:24.61	617	F	18/01/20	Flanders Swimming Cup	Antwerp, Belgium		1
2:24.05	624	Н	18/01/20	Flanders Swimming Cup	Antwerp, Belgium		1
2:22.84	640	F	04/08/19	Swim England National Summer Meet	Sheffield	RTW Monson	1
2:23.59	630	Н	04/08/19	Swim England National Summer Meet	Sheffield	RTW Monson	1
2:23.84	627	F	25/05/19	2019 London Swimming National Qualifier	London	RTW Monson	1
2:23.05	637	Н	04/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	RTW Monson	1
2:21.50	659	Н	19/04/19	British Championships 2019	Glasgow	RTW Monson	1
2:26.04	599	F	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	RTW Monson	1
2:22.05	651	Н	03/02/19	Kent Swimming Championships 2019	Crystal Palace	RTW Monson	1
2:21.12	664	F	04/08/18	Swim England National Summer Meet	Sheffield	RTW Monson	1
2:22.98	638	Н	04/08/18	Swim England National Summer Meet	Sheffield	RTW Monson	1
2:26.88	589	Н	05/05/18	Swim England South East Championships 2018	Wycombe	RTW Monson	1
2:26.99	587	F	08/04/18	Guildford City L1 Spring Open Meet	Surrey	RTW Monson	1
2:29.72	556	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	RTW Monson	1
2:27.41	582	Н	27/01/18	Kent Swimming Championships 2018	Crystal Palace	Sevenoaks	1
2:27.76	578	Н	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Sevenoaks	1
2:27.59	580	Н	13/05/17	BPSC Spring Long Course Meet	Basildon	Sevenoaks	1
2:28.95	565	Н	16/04/17	Team Luton April Long Course Meet 2017	Luton	Sevenoaks	1
2:29.46	559	Н	29/01/17	Kent Swimming Championships	Crystal Palace	Sevenoaks	1
2:36.08	491	Н	30/01/16	Kent Swimming Championships 2016	Crystal Palace	Sevenoaks	1
2:42.52	434	Н	17/05/15	ASASER Swimming Championships	Crawley	Sevenoaks	1
2:41.36	444	Н	04/04/15	Beckenham Easter International Open 2015	Crystal Palace		1
2:37.49	478	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Sevenoaks	1
2:40.73	449	Н	20/12/14	Northampton Winter Festival Meet	Corby		1
2:45.03	415	Н	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield		1
2:44.21	421	Н	10/05/14	Beckenham International Open Meet	London	Sevenoaks	1
2:51.80	368	F	17/11/13	Crawley Not So Early Bird Meet	Crawley	Sevenoaks	1
2:53.99	354		25/05/13	ASA South East Region Age Group Champs	Crawley	Sevenoaks	1

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