

# Individual Best Times (All Time)

Francesca Whiting - (837662) - Royal Tunbridge Wells Monson SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
27.80	612	F	03/08/17	Swim England National Summer Meet (50m)	Sheffield	Sevenoaks	1
27.86	608	H	14/12/17	Swim England Winter Championships 2017	Sheffield	Sevenoaks	1
27.86	608	H	05/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	RTW Monson	1
28.01	598	F	13/02/16	Kent Swimming Championships 2016	London	Sevenoaks	1
28.04	596	H	03/08/17	Swim England National Summer Meet (50m)	Sheffield	Sevenoaks	1
28.04	596	H	05/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	RTW Monson	1
28.07	595	F	10/02/18	Kent Swimming Championships 2018	London	Sevenoaks	1
28.09	593	F	11/02/17	Kent Swimming Championships	London Aquatics	Sevenoaks	1
28.09	593	H	30/04/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
28.10	593	H	11/02/17	Kent Swimming Championships	London Aquatics	Sevenoaks	1
28.10	593	H	10/02/18	Kent Swimming Championships 2018	London	Sevenoaks	1
28.10	593	H	02/03/18	Edinburgh International Inc British Championships	Edinburgh	RTW Monson	1
28.14	590	H	06/05/18	Swim England South East Championships 2018	Wycombe	RTW Monson	1
28.18	588	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Sevenoaks	1
28.18	588	H	30/04/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
28.32	579	F	11/02/17	Kent Swimming Championships	London Aquatics	Sevenoaks	1
28.32	579	H	19/01/19	Kent Swimming Championships 2019	London	RTW Monson	1
28.34	578	H	17/04/16	Team Luton April Long Course Meet	Luton	Sevenoaks	1
28.34	578	H	06/05/18	Swim England South East Championships 2018	Wycombe	RTW Monson	1
28.38	575	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	RTW Monson	1
28.41	573	H	14/05/16	ASA South East Region Swimming Championships	Crawley	Sevenoaks	1
28.42	573	H	01/05/23	East Midlands Regional LC Championships 2023	Derby	Uni of Nott	1
28.44	572	H	27/05/17	Cardiff International Open Meet 2017	Cardiff	Sevenoaks	1
28.48	569	F	19/01/19	Kent Swimming Championships 2019	London	RTW Monson	1
28.57	564	H	14/05/16	ASA South East Region Swimming Championships	Crawley	Sevenoaks	1
28.58	563	H	02/08/16	ASA Summer Nationals 2016	Sheffield	Sevenoaks	1
28.61	561	F	22/02/16	Wycombe Swimming's 4th LC Premier Meet	Wycombe	RTW Monson	1

28.81	501	F	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	RTW Monson	1
28.75	553	H	13/02/16	Kent Swimming Championships 2016	London	Sevenoaks	1
28.76	553	H	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Sevenoaks	1
28.77	552	H	25/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	RTW Monson	1
28.78	552	H	21/05/16	Nova Centurion May Level 1 Long Course Open Meet	Nottingham	Sevenoaks	1
28.82	549	H	16/04/17	Team Luton April Long Course Meet 2017	Luton	Sevenoaks	1
28.97	541	F	06/01/18	UBSC New Year Level 1 Open Meet	Hengrove	Sevenoaks	1
29.06	536	H	17/05/15	ASASER Swimming Championships	Crawley	Sevenoaks	1
29.19	529	F	07/04/24	Crawley Spring L1 Open Meet LC 2024	Crawley		1
29.42	516	H	19/12/15	Northampton 2015 Long Course Winter Festival	Corby	Sevenoaks	1
29.53	511	H	29/05/15	Cardiff International Open Meet 2015	Cardiff	Sevenoaks	1
29.71	501	H	17/05/15	ASASER Swimming Championships	Crawley	Sevenoaks	1
29.95	489	F	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	Sevenoaks	1
30.55	461	H	04/04/15	Beckenham Easter International Open 2015	Crystal Palace		1
30.62	458	H	20/12/14	Northampton Winter Festival Meet	Corby		1
31.00	441	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Sevenoaks	1
32.24	392	H	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield		1
33.78	341	H	11/05/13	Beckenham SC International Open Meet	Crystal Palace	Sevenoaks	1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
29.19	529	F	07/04/24	Crawley Spring L1 Open Meet LC 2024	Crawley		1
28.42	573	H	01/05/23	East Midlands Regional LC Championships 2023	Derby	Uni of Nott	1
28.77	552	H	25/02/23	BUCS Long Course Swimming Championships 2023	Sheffield	RTW Monson	1
27.86	608	H	05/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	RTW Monson	1
28.04	596	H	05/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	RTW Monson	1
28.61	561	F	23/03/19	Wycombe Swimming's 4th LC Premier Meet	Wycombe	RTW Monson	1
28.48	569	F	19/01/19	Kent Swimming Championships 2019	London	RTW Monson	1
28.32	579	H	19/01/19	Kent Swimming Championships 2019	London	RTW Monson	1
28.34	578	H	06/05/18	Swim England South East Championships 2018	Wycombe	RTW Monson	1
28.14	590	H	06/05/18	Swim England South East Championships 2018	Wycombe	RTW Monson	1
28.38	575	F	10/03/18	WDSC Long Course Premier Open Meet	Wycombe	RTW Monson	1
28.10	593	H	02/03/18	Edinburgh International Inc British Championships	Edinburgh	RTW Monson	1
28.07	595	F	10/02/18	Kent Swimming Championships 2018	London	Sevenoaks	1
28.10	593	H	10/02/18	Kent Swimming Championships 2018	London	Sevenoaks	1
28.97	541	F	06/01/18	UBSC New Year Level 1 Open Meet	Hengrove	Sevenoaks	1
27.86	608	H	14/12/17	Swim England Winter Championships 2017	Sheffield	Sevenoaks	1
28.76	553	H	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Sevenoaks	1
27.80	612	F	03/08/17	Swim England National Summer Meet (50m)	Sheffield	Sevenoaks	1
28.04	596	H	03/08/17	Swim England National Summer Meet (50m)	Sheffield	Sevenoaks	1
28.44	572	H	27/05/17	Cardiff International Open Meet 2017	Cardiff	Sevenoaks	1
28.18	588	H	30/04/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
28.09	593	H	30/04/17	ASA South East Region Championships 2017	Wycombe	Sevenoaks	1
28.82	549	H	16/04/17	Team Luton April Long Course Meet 2017	Luton	Sevenoaks	1
28.32	579	F	11/02/17	Kent Swimming Championships	London Aquatics	Sevenoaks	1
28.09	593	F	11/02/17	Kent Swimming Championships	London Aquatics	Sevenoaks	1
28.10	593	H	11/02/17	Kent Swimming Championships	London Aquatics	Sevenoaks	1
28.58	563	H	02/08/16	ASA Summer Nationals 2016	Sheffield	Sevenoaks	1
28.78	552	H	21/05/16	Nova Centurion May Level 1 Long Course Open Meet	Nottingham	Sevenoaks	1
28.41	573	H	14/05/16	ASA South East Region Swimming Championships	Crawley	Sevenoaks	1
28.57	564	H	14/05/16	ASA South East Region Swimming Championships	Crawley	Sevenoaks	1
28.34	578	H	17/04/16	Team Luton April Long Course Meet	Luton	Sevenoaks	1
28.18	588	F	12/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	Sevenoaks	1

28.01	598	F	13/02/16	Kent Swimming Championships 2016	London	Sevenoaks	1
28.75	553	H	13/02/16	Kent Swimming Championships 2016	London	Sevenoaks	1
29.42	516	H	19/12/15	Northampton 2015 Long Course Winter Festival	Corby	Sevenoaks	1
29.53	511	H	29/05/15	Cardiff International Open Meet 2015	Cardiff	Sevenoaks	1
29.06	536	H	17/05/15	ASASER Swimming Championships	Crawley	Sevenoaks	1
29.71	501	H	17/05/15	ASASER Swimming Championships	Crawley	Sevenoaks	1
29.95	489	F	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	Sevenoaks	1
30.55	461	H	04/04/15	Beckenham Easter International Open 2015	Crystal Palace		1
31.00	441	F	07/02/15	UEA City of Norwich SC February Groundhog Meet	Norwich	Sevenoaks	1
30.62	458	H	20/12/14	Northampton Winter Festival Meet	Corby		1
32.24	392	H	18/10/14	Lincoln Vulcans Long Course L1 Meet	Sheffield		1
33.78	341	H	11/05/13	Beckenham SC International Open Meet	Crystal Palace	Sevenoaks	1