Individual Best Times (All Time)

Liam McDougall - (835046) - Bellshill Sharks ASC - 100 Backstroke - Long Course **Performance Graph**

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:09.75	404	Н	09/05/15	SASA West District Championships	East Kilbride	Bellshill	1
1:10.40	393	Н	31/05/15	East District Open with SASA Grand Prix	Edinburgh		1
1:10.90	385	F	07/06/15	East Kilbride Long Course Open Age Group Meet	East Kilbride	Bellshill	2
1:11.57	374	Н	23/05/15	City of Sheffield Swim Squad No Frills Meet	Sheffield		1
1:12.14	365	Н	10/05/14	2014 SASA West District LC OAG Championship	East Kilbride	Bellshill	1
1:12.17	365	Н	25/06/14	Scottish Gas National Age Groups 2014	Aberdeen		1
1:12.23	364	Н	01/06/14	North District SASA Grand Prix	Aberdeen	Bellshill	1
1:13.33	348	Н	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	Bellshill	1
1:14.19	336	Н	07/03/15	SASA West District SAG Championship	East Kilbride	Bellshill	1
1:14.24	335	Н	01/03/14	SASA West District Open SAG Champs	East Kilbride	Bellshill	1
1:19.36	274	Н	11/05/13	Celtic Tri Nations 2013	East Kilbride	Bellshill	1
1:21.47	254	Н	09/02/13	2013 SASA District JAG LC Championships	East Kilbride	Bellshill	1

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1:19.36 pyright 2024	274	Н	11/05/13	Celtic Tri Nations 2013	East Kilbride	Bellshill Powered By SPOR	1 TSYSTEN

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1:21.47 254 H 09/02/13 2013 SASA District JAG LC Championships

East Kilbride

Bellshill

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