Individual Best Times (All Time)

Lucy Ross - (834679) - Edinburgh University - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:35.80	621	F	31/03/17	Scottish National Age Group Championships	Aberdeen	SLanarkshire	1
4:39.07	600	H	31/03/17	Scottish National Age Group Championships	Aberdeen	SLanarkshire	1
4:39.53	597	H	07/10/17	Lincoln Vulcans Long Course Open Meet	Sheffield	Scot West	1
4:44.25	567	F	03/04/16	Scottish National Age Group Championships	Glasgow	SLanarkshire	1
4:45.37	561	F	13/01/19	2019 SS West District LC Senior Age Group Champs	Glasgow	Eastkilbride	1
4:46.80	552	F	06/03/16	SASA West District LC AG Round 3	East Kilbride	Eastkilbride	1
4:48.55	542	F	15/01/17	2017 SASA West District LC AG R1 Championship	East Kilbride	Eastkilbride	1

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