

Individual Best Times (All Time)

Lucy Ross - (834679) - Edinburgh University - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:17.79	585	H	29/06/17	Scottish National Open Championships	Aberdeen	SLanarkshire	1
5:18.77	580	H	28/05/16	East District Open & Grand Prix	Edinburgh	Eastkilbride	1
5:18.89	579	F	15/01/17	2017 SASA West District LC AG R1 Championship	East Kilbride	Eastkilbride	1
5:21.06	567	F	06/03/16	SASA West District LC AG Round 3	East Kilbride	Eastkilbride	1
5:23.22	556	F	04/06/16	East Kilbride Long Course Open Age Group Meet	East Kilbride	Eastkilbride	2
5:24.54	549	F	13/03/16	Edinburgh International Meet	Edinburgh	Eastkilbride	1
5:24.96	547	F	02/04/16	Scottish National Age Group Championships	Glasgow	SLanarkshire	1
5:29.13	527	F	26/07/15	Scottish Summer Meet 2015	Edinburgh	Eastkilbride	1
5:31.25	517	F	01/04/15	Scottish National Age Group Championships	Aberdeen	SLanarkshire	1
5:37.91	487	H	25/06/15	Scottish National Open Championships	Glasgow	SLanarkshire	1

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