Individual Best Times (All Time)

Lucy Ross - (834679) - Edinburgh University - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:22.31	696	С	29/06/18	Scottish National Open Championships	Tollcross	SLanarkshire	1
2:22.82	688	F	29/07/17	British Summer Championships	Sheffield	Eastkilbride	1
2:23.05	685	С	12/03/17	Edinburgh International Meet 2017	Edinburgh	Eastkilbride	1
2:23.13	684	Н	12/03/17	Edinburgh International Meet 2017	Edinburgh	Eastkilbride	1
2:24.67	662	F	05/02/17	2017 SASA West District Championships	East Kilbride	Eastkilbride	1
2:24.84	660	F	25/05/18	2018 Glasgow International Swim Meet	Glasgow	Eastkilbride	1
2:24.99	658	F	01/04/17	Scottish National Age Group Championships	Aberdeen	SLanarkshire	1
2:25.01	657	Н	29/06/18	Scottish National Open Championships	Tollcross	SLanarkshire	1
2:25.07	657	F	30/03/19	Scottish National Age Group Championships	Tollcross	SLanarkshire	1
2:25.13	656	F	31/03/18	Scottish National Age Group Championships	Tollcross	SLanarkshire	1
2:25.14	656	Н	30/06/17	Scottish National Open Championships	Aberdeen	SLanarkshire	1
2:25.36	653	Н	25/05/18	2018 Glasgow International Swim Meet	Glasgow	Eastkilbride	1
2:25.37	653	Н	29/07/17	British Summer Championships	Sheffield	Eastkilbride	1
2:25.38	652	F	20/01/17	CIG Challenge International de Genève	Geneva, Switzerland		1
2:25.66	649	Н	28/07/18	British Summer Championships	Sheffield	Eastkilbride	1
2:25.79	647	С	30/06/17	Scottish National Open Championships	Aberdeen	SLanarkshire	1
2:25.81	647	Н	22/04/17	British Swimming Championships 2017	Sheffield	Eastkilbride	1
2:26.16	642	F	05/03/17	2017 SASA West District LC AG R3 Championship	East Kilbride	Eastkilbride	1
2:26.40	639	Н	24/05/19	Glasgow International Swim Meet	Tollcross	Eastkilbride	1
2:26.40	639	С	28/06/19	Scottish National Open Championships	Aberdeen	SLanarkshire	1
2:26.47	638	С	24/05/19	Glasgow International Swim Meet	Tollcross	Eastkilbride	1
2:26.75	634	Н	02/03/18	Edinburgh International Inc British Championships	Edinburgh	Eastkilbride	1
2:27.13	629	F	31/03/16	Scottish National Age Group Championships	Glasgow	SLanarkshire	1
2:27.42	626	Н	20/01/17	CIG Challenge International de Genève	Geneva, Switzerland		1
2:27.47	625	Н	28/06/19	Scottish National Open Championships	Aberdeen	SLanarkshire	1
2:27.77	621	Н	16/06/19	Mare Nostrum 2019	Barcelona	Suffolk C T	1
opyright 202	24	-	05/06/16	East Kilbrida Lana Cauraa Onan Asa Craun Maat	East Kilbrida	Powered By SPOR	TSYSTEM

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۲.21.13	021	г	01/00/00	East Milling Long Course Open Age Group Meet	East Niibhue	EastKilblide	Page 2 / 3
2:27.83	620	Н	11/03/16	Edinburgh International Meet	Edinburgh	Eastkilbride	1
2:27.88	620	Н	30/03/19	Scottish National Age Group Championships	Tollcross	SLanarkshire	1
2:27.90	620	Н	31/03/18	Scottish National Age Group Championships	Tollcross	SLanarkshire	1
2:28.16	616	Н	01/04/17	Scottish National Age Group Championships	Aberdeen	SLanarkshire	1
2:28.25	615	F	11/03/16	Edinburgh International Meet	Edinburgh	Eastkilbride	1
2:28.55	611	Н	20/04/19	British Championships 2019	Glasgow	Eastkilbride	1
2:28.60	611	Н	31/03/16	Scottish National Age Group Championships	Glasgow	SLanarkshire	1
2:29.18	604	Н	01/07/16	Scottish National Open Championships	Glasgow	SLanarkshire	1
2:30.26	591	Н	03/09/17	UK School Games	Loughborough		1
2:32.58	564	Н	30/07/16	British Summer Championships	Sheffield	SLanarkshire	1
2:35.89	529	Н	03/04/15	Scottish National Age Group Championships	Aberdeen	SLanarkshire	1
2:37.13	517	F	07/02/15	SASA West District JAG Championship	East Kilbride	Eastkilbride	1
2:37.19	516	F	03/04/15	Scottish National Age Group Championships	Aberdeen	SLanarkshire	1
2:40.59	484	Н	07/02/15	SASA West District JAG Championship	East Kilbride	Eastkilbride	1
3:09.96	292	Н	08/02/14	2014 SASA West District LC JAG Champs	East Kilbride	Hamilton	1

Swims in Date Order

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2:26.40	639	С	28/06/19	Scottish National Open Championships	Aberdeen	SLanarkshire	1
2:27.47	625	Н	28/06/19	Scottish National Open Championships	Aberdeen	SLanarkshire	1
2:27.77	621	Н	16/06/19	Mare Nostrum 2019	Barcelona	Suffolk C T	1
2:26.47	638	С	24/05/19	Glasgow International Swim Meet	Tollcross	Eastkilbride	1
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2:27.90	620	Н	31/03/18	Scottish National Age Group Championships	Tollcross	SLanarkshire	1
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2:29.18	604	Н	01/07/16	Scottish National Open Championships	Glasgow	SLanarkshire	1
2:27.79	621	F	05/06/16	East Kilbride Long Course Open Age Group Meet	East Kilbride	Eastkilbride	2
2:27.13	629	F	31/03/16	Scottish National Age Group Championships	Glasgow	SLanarkshire	1

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