Individual Best Times (All Time)

Zoe Train - (833370) - Cumbernauld ASC - 50 Backstroke - Long Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level | |
|-------|--------|-------|----------|---------------------------------|---------|-----------------|-------|--|
| 36.84 | 387 | Н | 06/05/16 | 2016 Best in the West Open Meet | Glasgow | Cumbernauld | 1 | |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---------------------------------|---------|-----------------|-------|
| 36.84 | 387 | Н | 06/05/16 | 2016 Best in the West Open Meet | Glasgow | Cumbernauld | 1 |

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