

Individual Best Times (All Time)

Callum Wollaston - (831620) - City of St Albans SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:16.25	633	H	06/05/18	East Swimming Long Course Championships 2018	Norwich	Bor of Brox	1
4:18.00	620	H	31/07/21	British Swimming Festival of Swimming East Region	UEA Norwich	Co St Albans	1
4:19.19	612	F	05/08/18	Swim Wales Summer Nationals	Swansea	Bor of Brox	1
4:20.86	600	F	16/02/19	Swansea Aquatics Spring Long Course 2019	WNPS	Cheshunt	1
4:25.51	569	H	04/11/17	East Region Winter Championships	Norwich	Bor of Brox	1
4:26.81	561	F	03/08/17	Swim Wales Summer Nationals	Swansea	Cheshunt	1
4:29.37	545	H	30/04/17	ASA East Long Course Championships	Luton	Cheshunt	1
4:38.48	493	F	04/08/16	Swim Wales Summer Nationals	Swansea	Cheshunt	1
4:40.33	483	H	26/03/16	Basildon & Phoenix Easter LC Meet 2016	Basildon	Cheshunt	1
4:43.83	466	H	24/05/15	ASA East Region Summer Championships	Norwich		1
4:46.36	453	F	27/07/15	Swim Wales Summer Open Meet	Swansea	Cheshunt	1
4:55.39	413	H	15/06/14	BG ASA East Region BAGCAT Championships 2014	Norwich	Cheshunt	1
5:04.22	378	H	19/04/14	Basildon & Phoenix Easter Long Course Meet	Basildon	Cheshunt	1
5:06.28	370	H	16/11/13	Team Luton Autumn LC Open Meet	Luton	Cheshunt	1
5:11.07	354	H	09/06/13	BGASA East Region Age Group Champs	Norwich	Cheshunt	1
5:36.80	278	H	17/11/12	Team Luton Inaugural Long Course Meet	Luton	Cheshunt	1
5:39.52	272	H	10/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	Cheshunt	1

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