Individual Best Times (All Time)

Lauren Goodyer - (830810) - Biggleswade SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:41.06	473	H	30/04/17	ASA East Long Course Championships	Luton	C Beds SS	1
5:44.10	461	H	30/01/16	Bedfordshire Age Group & County Champs	Luton	Biggleswade	1
5:44.10	461	H	13/02/16	Bedfordshire Age Group & County Champs	Luton	Biggleswade	1
5:44.47	459	H	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Biggleswade	1
5:47.40	448	H	03/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	Biggleswade	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:47.40	448	H	03/02/18	Bedfordshire 2018 Age Group & County Champs	Luton	Biggleswade	1
5:41.06	473	H	30/04/17	ASA East Long Course Championships	Luton	C Beds SS	1
5:44.47	459	H	04/02/17	Bedfordshire ASA 2017 Age Group & County Champs	Luton	Biggleswade	1
5:44.10	461	H	13/02/16	Bedfordshire Age Group & County Champs	Luton	Biggleswade	1
5:44.10	461	H	30/01/16	Bedfordshire Age Group & County Champs	Luton	Biggleswade	1