## **Individual Best Times (All Time)**

Jamie Bond - (827648) - Worthing Swimming Club - 200 Individual Medley - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:27.95	457	F	10/02/19	SUSSEX COUNTY CHAMPIONSHIPS	Crawley	Worthing SC	1
2:40.25	360	F	26/02/17	Sussex County Championships & Age Group Comp	Crawley	Worthing SC	1
2:41.38	352	Н	27/05/17	ASA South East Region Championships 2017	Crawley	Worthing SC	1
2:48.47	309	Н	28/05/16	ASA South East Region Swimming Championships	Crawley	Worthing SC	1
2:51.64	292	F	28/02/16	Sussex County Championships	Crawley	Worthing SC	1
2:52.47	288	F	20/03/16	Atlantis Regional-National Chaser Meet	Crawley	Worthing SC	1
2:58.03	262	F	15/03/15	Sussex County Championships	Crawley	Worthing SC	1
3:29.20	161	Н	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	Arun Trident	1

## Swims in Date Order

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