

Individual Best Times (All Time)

Elizabeth Elms - (819884) - Havant & Waterlooville SC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:42.79	603	H	31/05/15	ASASER Swimming Championships	Crawley		1
2:43.28	597	F	02/08/16	ASA Summer Nationals 2016	Sheffield	Havant & Wat	1
2:43.89	591	H	15/03/15	Hampshire County ASA Championships	Portsmouth		1
2:44.80	581	H	15/03/15	Hampshire County ASA Championships	Portsmouth		1
2:45.22	577	F	05/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth		1
2:45.68	572	H	01/05/16	ASA South East Region Swimming Championships	Portsmouth	Havant & Wat	1
2:46.45	564	F	05/04/15	Portsmouth Northsea Easter Festival L1 Meet	Portsmouth		1
2:46.52	563	H	31/05/15	ASASER Swimming Championships	Crawley		1
2:47.21	556	H	01/05/16	ASA South East Region Swimming Championships	Portsmouth	Havant & Wat	1
2:47.35	555	H	30/07/15	British Summer Championships	Sheffield	Havant & Wat	1
2:47.53	553	F	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	Havant & Wat	1
2:47.59	552	F	27/02/16	Aquae Sulis Spring Grand Prix	Bristol	Havant & Wat	1
2:48.23	546	H	01/11/14	City of Coventry November Open Meet	Coventry	Havant & Wat	1
2:48.42	544	H	02/08/16	ASA Summer Nationals 2016	Sheffield	Havant & Wat	1
2:48.43	544	F	15/05/16	MCASA Long Course Open Meet	Guildford	Havant & Wat	1
2:48.76	541	H	07/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Havant & Wat	1
2:48.90	540	H	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	Havant & Wat	1
2:49.20	537	F	04/01/15	BWFSC Level 1 Long Course Meet	London	Havant & Wat	1
2:49.39	535	F	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe		1
2:49.66	532	F	03/04/16	Guildford City Springboard Level 1 Open Meet	Guildford		1
2:49.72	532	F	03/04/16	Guildford City Springboard Level 1 Open Meet	Guildford		1
2:52.08	510	H	14/06/14	ASA South East Region Age Group Championships	Crawley	Havant & Wat	1
2:54.14	492	F	14/06/14	ASA South East Region Age Group Championships	Crawley	Havant & Wat	1
3:01.62	434	F	20/04/14	Portsmouth Northsea Easter Swim Festival	Portsmouth	Havant & Wat	1
3:17.38	338	F	17/11/13	City of Cardiff Capital Open Meet	Cardiff	Havant & Wat	1

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