

# Individual Best Times (All Time)

Elizabeth Elms - (819884) - Havant & Waterlooville SC - 100 Backstroke - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:19.22	379	F	17/11/13	City of Cardiff Capital Open Meet	Cardiff	Havant & Wat	1

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