

Individual Best Times (All Time)

Adam Phillips - (818427) - Dundee City Aquatics SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:39.99	485	F	27/04/24	Uo Aberdeen PS Age Group Open 2024	Aberdeen		1
4:46.52	453	H	03/07/22	Scottish National Open Championships 2022	Aberdeen		1
4:51.05	432	F	13/05/23	2023 SS West District LC May AG Meet	Glasgow		1
6:11.88	207	F	06/05/17	SASA Midland District Distance Meet	Dundee	Dun City Aqu	1

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