

Individual Best Times (All Time)

Rupert Hague - (817481) - Yeovil District SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:21.78	594	H	04/08/16	ASA Summer Nationals 2016	Sheffield	Millfield	1
4:24.84	573	F	04/08/16	ASA Summer Nationals 2016	Sheffield	Millfield	1
4:25.97	566	H	30/04/16	ASA SWR Summer Championships	Plymouth	Millfield	1
4:26.17	565	F	27/03/16	Exeter City Easter Meet 2016	Millfield	Millfield	1
4:29.59	543	F	25/04/15	Millfield & Taunton Super Series (LC)	Millfield	Millfield	1
4:31.99	529	F	08/02/15	Aquae Sulis Spring Grand Prix	Bristol	Millfield	1
4:33.55	520	H	16/05/15	ASA South West Summer Championships	Bristol		1
4:33.55	520	H	16/05/15	ASASWR Summer Championships	Millfield		1
4:36.65	503	H	31/05/14	City of Sheffield No Frills Meet	Sheffield	Yeovil	1
4:39.35	488	H	15/06/14	ASA South West Region AG Championships	Bristol	Yeovil	1
5:10.75	355	H	17/06/12	British Gas South West Region AG Champs	Millfield	Yeovil	1
5:21.84	319	F	01/04/12	3 Towers Open Meet	Millfield	Yeovil	3
5:27.32	303	H	26/05/12	City of Sheffield No Frills Gala	Sheffield	Yeovil	1
5:45.13	259	H	11/06/11	BG South West Region Championships	Street	Yeovil	1
5:50.33	247	F	10/04/11	Frome, Wells & Shepton Mallet 3 Towers Ope	Millfield	Yeovil	3

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