

# Individual Best Times (All Time)

James Cooper - (814124) - Romford Town SC - 200 Breaststroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:56.94	356	H	24/01/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
2:56.94	356	H	24/01/16	Essex Age Group Championships 2016	Basildon	Romford Town	1
3:49.46	163	H	18/12/11	Killerwhales Winter Open	Basildon	Romford Town	1

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