

Individual Best Times (All Time)

Freya Simpson - (813742) - Shiverers SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:52.16	430	F	14/03/15	Sussex County Championships	Crawley	Shiverers	1
5:57.30	412	H	15/06/14	ASA South East Region Age Group Championships	Crawley	Shiverers	1
6:01.68	397		09/06/13	ASA South East Region Age Group Championships 2013	Crawley	Shiverers	1
6:52.53	267	F	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Shiverers	1
7:33.52	201	F	09/07/11	Portsmouth Northsea Non Qualifier Meet	Portsmouth	Shiverers	3

Swims in Date Order

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