

Individual Best Times (All Time)

Havana Adiseshiah-Cummins - (813402) - Saxon Crown (Lewisham) SC - 400 Individual Medley - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:02.70	393	H	23/01/16	Kent Swimming Championships 2016	Crystal Palace	Saxon Crown	1

Swims in Date Order

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