

Individual Best Times (All Time)

Alasdair Dunse - (811586) - Livingston & District Dolphins - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:27.15	464	H	02/02/18	East District Age Groups 2018 Round 3	Edinburgh	Livingston	1
2:28.45	452	H	10/02/19	Swim Scotland East District Age Groups 2019	Edinburgh	Livingston	1
2:28.45	452	H	10/02/19	East District Age Group Championships Finals	Glasgow	Livingston	1
2:29.57	442	H	03/02/17	East District Age Groups Finals	Edinburgh		1
2:31.68	424	H	02/04/17	Scottish National Age Group Championships	Aberdeen	West Lothian	1
2:32.20	420	H	07/10/17	Lincoln Vulcans Long Course Open Meet	Sheffield	Scot East	1
2:32.93	414	H	02/04/16	Scottish National Age Group Championships	Glasgow	West Lothian	1
2:33.11	412	F	23/01/16	East District Age Group Championships	Edinburgh	Livingston	1
2:33.48	409	H	16/07/16	Scottish Summer Meet	Aberdeen		1
2:42.43	345	H	02/04/15	Scottish National Age Group Championships	Aberdeen	West Lothian	1
2:54.48	278	H	05/08/14	Swim Wales Summer Nationals 2014	Swansea		1
2:59.50	256	F	11/05/14	City of Manchester Aquatics Open Meet	Manchester	Livingston	1
3:09.57	217	H	12/01/14	East District Age Group Championships	Edinburgh	Livingston	1

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