

# Individual Best Times (All Time)

Matthew King - (811584) - Carnegie ASC - 400 Freestyle - Long Course

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:05.08	375	H	17/05/15	Rotherham Metro Level One Long Course Meet	Sheffield		1

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:05.08	375	H	17/05/15	Rotherham Metro Level One Long Course Meet	Sheffield		1