## **Individual Best Times (All Time)**

Louis Mcgrath - (810512) - City of Linc Pentaqua SC - 400 Freestyle - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:45.80	456	Н	01/05/16	ASA East Midland Region Swimming Champs	Sheffield	Lincoln Vulc	1
4:53.56	421	Н	23/05/15	City of Sheffield Swim Squad No Frills Meet	Sheffield	Lincoln Vulc	1

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