

Individual Best Times (All Time)

Owen Strachan - (810318) - Carnegie ASC - 200 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------|-----------------|-------|
| 2:06.42 | 525 | F | 17/07/16 | Scottish Summer Meet | Aberdeen | Carnegie | 1 |
| 2:06.69 | 521 | H | 17/07/16 | Scottish Summer Meet | Aberdeen | Carnegie | 1 |
| 2:06.95 | 518 | H | 02/04/16 | Scottish National Age Group Championships | Glasgow | | 1 |
| 2:07.03 | 517 | H | 03/07/16 | Scottish National Open Championships | Glasgow | Carnegie | 1 |
| 2:07.05 | 517 | H | 26/07/15 | Scottish Summer Meet 2015 | Edinburgh | Carnegie | 1 |
| 2:07.52 | 511 | F | 26/07/15 | Scottish Summer Meet 2015 | Edinburgh | Carnegie | 1 |
| 2:08.98 | 494 | F | 05/06/16 | East Kilbride Long Course Open Age Group Meet | East Kilbride | Carnegie | 2 |
| 2:08.99 | 494 | F | 30/01/16 | Brodies Schools Swimming Championships | Glasgow | | 1 |
| 2:09.37 | 490 | H | 02/10/16 | Sherwood Colliery The Robin Hood Open Meet 2016 | Sheffield | Carnegie | 3 |
| 2:09.66 | 486 | H | 30/05/15 | East District Open with SASA Grand Prix | Edinburgh | Carnegie | 1 |
| 2:10.67 | 475 | H | 16/05/15 | Rotherham Metro Level One Long Course Meet | Sheffield | | 1 |
| 2:10.88 | 473 | H | 13/03/16 | Edinburgh International Meet | Edinburgh | Carnegie | 1 |
| 2:15.89 | 422 | H | 17/01/15 | SASA West District Grand Prix | Glasgow | Carnegie | 1 |
| 2:16.86 | 413 | H | 26/06/14 | Scottish Gas National Age Groups 2014 | Aberdeen | Carnegie | 1 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------|-----------------|-------|
| 2:09.37 | 490 | H | 02/10/16 | Sherwood Colliery The Robin Hood Open Meet 2016 | Sheffield | Carnegie | 3 |
| 2:06.42 | 525 | F | 17/07/16 | Scottish Summer Meet | Aberdeen | Carnegie | 1 |
| 2:06.69 | 521 | H | 17/07/16 | Scottish Summer Meet | Aberdeen | Carnegie | 1 |
| 2:07.03 | 517 | H | 03/07/16 | Scottish National Open Championships | Glasgow | Carnegie | 1 |
| 2:08.98 | 494 | F | 05/06/16 | East Kilbride Long Course Open Age Group Meet | East Kilbride | Carnegie | 2 |
| 2:06.95 | 518 | H | 02/04/16 | Scottish National Age Group Championships | Glasgow | | 1 |
| 2:10.88 | 473 | H | 13/03/16 | Edinburgh International Meet | Edinburgh | Carnegie | 1 |
| 2:08.99 | 494 | F | 30/01/16 | Brodies Schools Swimming Championships | Glasgow | | 1 |
| 2:07.52 | 511 | F | 26/07/15 | Scottish Summer Meet 2015 | Edinburgh | Carnegie | 1 |

| | | | | | | | |
|---------|-----|---|----------|--|-----------|----------|---|
| 2:07.05 | 517 | H | 26/07/15 | Scottish Summer Meet 2015 | Edinburgh | Carnegie | 1 |
| 2:09.66 | 486 | H | 30/05/15 | East District Open with SASA Grand Prix | Edinburgh | Carnegie | 1 |
| 2:10.67 | 475 | H | 16/05/15 | Rotherham Metro Level One Long Course Meet | Sheffield | | 1 |
| 2:15.89 | 422 | H | 17/01/15 | SASA West District Grand Prix | Glasgow | Carnegie | 1 |
| 2:16.86 | 413 | H | 26/06/14 | Scottish Gas National Age Groups 2014 | Aberdeen | Carnegie | 1 |