

Individual Best Times (All Time)

Grace Vertigans - (809729) - Loughborough University Swimming - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:39.48	597	H	30/01/10	Burns Open Meet	Sheffield	Plymouth Lea	1
4:40.16	593	H	03/05/10	South West Youth Champs	Millfield	Plymouth Lea	1
4:41.30	585	H	27/03/10	City of Sheffield Premier	Sheffield	Plymouth Lea	1
4:41.60	583		20/12/09	Plymouth Leander Open Mt	Millfield	Plymouth Lea	1
4:43.66	571	H	30/01/11	13th Luxembourg Euro-Meet 2011	Luxembourg	Plymouth Lea	1
4:46.23	556	F	19/12/10	Plymouth Leander Open	Millfield	Plymouth Lea	1

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