

Individual Best Times (All Time)

John Wright - (809181) - Harrogate District SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:12.64	600	H	19/03/16	City of Sunderland National Qualifier	Sunderland	Harrogate	1
2:13.02	595	H	29/07/15	British Summer Championships	Sheffield		1
2:14.23	579	H	05/08/16	ASA Summer Nationals 2016	Sheffield	Harrogate	1
2:14.29	578	H	01/05/16	ASANER Regional Championships 2016	Sunderland	Harrogate	1
2:14.44	576	F	02/05/15	Manchester Open Meet 2015	Manchester	Harrogate	1
2:14.79	572	H	07/02/16	Yorkshire County Championships	Leeds	Harrogate	1
2:15.25	566	H	20/12/15	City of Leeds Christmas Meet 2015	Leeds	Harrogate	3
2:16.19	554	F	07/02/16	Yorkshire County Championships	Leeds	Harrogate	1
2:16.45	551	H	09/04/16	Richmond Dales Open Meet	Leeds	Harrogate	1
2:16.47	551	H	30/05/15	Sports Aid Long Course Licensed Meet	Leeds		1
2:16.48	551	F	01/05/16	ASANER Regional Championships 2016	Sunderland	Harrogate	1
2:17.75	536	H	16/01/16	City of Sunderland New Year Meet	Sunderland	Harrogate	1
2:18.58	526	H	14/02/15	Yorkshire County Championships	Leeds		1
2:21.05	499	F	10/05/14	City of Manchester Aquatics Open Meet	Manchester	Harrogate	1
2:21.75	492	H	04/05/14	ASANER Youth & Senior Championships 2014	Sunderland	Harrogate	1
2:22.81	481	H	26/01/14	Northern Area Zonal Meet 2014	Sheffield	Harrogate	1
2:24.26	466	F	14/02/15	Yorkshire County Championships	Leeds		1
2:27.26	439	H	08/06/13	ASA North East Region Age Group Champs	Sheffield	Harrogate	1
2:28.42	428	H	12/04/14	Sports Aid Open Meet 2014	Leeds	Harrogate	1
2:31.23	405	H	02/11/13	City of Sunderland Firecracker 2013	Sunderland	Harrogate	3
2:33.85	384	H	11/05/13	Sports Aid Long Course Meet	Leeds	Harrogate	1
2:39.81	343	H	12/05/12	Sports Aid Open Meet	Leeds	Harrogate	1
2:40.41	339	F	18/11/12	The Aquae Sulis Grand Prix 2012	Bristol	Harrogate	1
2:47.56	297	H	25/02/12	Yorkshire County Championships	Leeds	Harrogate	1
2:57.26	251	H	05/08/10	BG Wales Summer Nationals	Swansea	Harrogate	1
2:59.47	242	H	07/05/11	Sports Aid Yorkshire & Humberside Meet	Leeds	Harrogate	1
3:50.58	242	H	11/07/10	City of Leeds B Grade	Leeds	Harrogate	2

2:39.36	242	H	11/07/10	City of Leeds B Grade	Leeds	Harrogate	
3:00.48	238	H	03/10/10	City of Leeds Junior Open	Leeds	Harrogate	1
3:04.63	222	H	26/02/11	Yorkshire County Championships	Leeds	Harrogate	1
3:07.81	211	H	08/05/10	Sports Aid Open Meet	Leeds	Harrogate	1

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