

Individual Best Times (All Time)

Jessica Cross - (806059) - Swansea University SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:29.07	605	F	20/04/19	Swim Wales Long Course Championships	WNPS	Rushmoor Ryl	1
2:29.31	602	H	02/03/19	Rushmoor Royals Regional Qualifier Open Meet	Aldershot	Rushmoor Ryl	3
2:29.68	598	H	18/12/21	Swim Wales Winters 2021	Swansea		1
2:30.01	594	H	06/05/19	Swim England 15 Over Swimming Championships 2019	Wycombe	Rushmoor Ryl	1
2:30.01	594	H	06/07/19	RRSC End of Season Summer Meet 2019	Aldershot	Rushmoor Ryl	3
2:30.16	592	H	26/05/19	City of Cardiff International Open Meet	Cardiff	Rushmoor Ryl	1
2:30.39	589	H	20/04/19	Swim Wales Long Course Championships	WNPS	Rushmoor Ryl	1
2:30.45	589	H	08/02/20	Hampshire County Championships 2020	Portsmouth	Rushmoor Ryl	1
2:31.22	580	F	18/12/21	Swim Wales Winters 2021	Swansea		1
2:31.70	574	F	16/04/17	Swim Wales Long Course Championships	Swansea	Alton & Dist	1
2:31.75	574	H	02/05/22	Swim England South East Summer Championships	Wycombe		1
2:32.06	570	H	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Alton & Dist	1
2:32.67	563	H	16/04/17	Swim Wales Long Course Championships	Swansea		1
2:32.69	563	H	27/05/18	London Swimming 2018 Long Course Summer Open	London	Rushmoor Ryl	1
2:33.36	556	H	04/11/17	Swim England SE - 2017 Open & Junior Champs	Portsmouth	Rushmoor Ryl	1
2:33.46	555	H	02/05/16	ASA South East Region Swimming Championships	Portsmouth	Alton & Dist	1
2:33.65	553	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Alton & Dist	1
2:33.67	552	F	02/05/22	Swim England South East Summer Championships	Wycombe		1
2:33.95	549	F	02/12/17	Swim Wales Long Course Championships	Swansea	Rushmoor Ryl	1
2:34.07	548	H	01/04/18	Swim Wales LC Championships	Swansea	Rushmoor Ryl	1
2:34.69	541	H	25/02/18	Rushmoor Royals Regional Qualifier Open Meet	Aldershot	Rushmoor Ryl	3
2:34.70	541	H	01/05/17	ASA South East Region Championships 2017	Wycombe	Alton & Dist	1
2:34.98	538	H	03/02/18	Hampshire County Championships 2018	Mountbatten LC	Rushmoor Ryl	1
2:34.99	538	H	02/05/16	ASA South East Region Swimming Championships	Portsmouth	Alton & Dist	1
2:35.11	537	H	02/12/17	Swim Wales Long Course Championships	Swansea	Rushmoor Ryl	1
2:35.39	534	H	24/07/21	South East Festival of Swimming 2021	Wycombe	Rushmoor Ryl	1
2:35.43	534	H	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Alton & Dist	1

2:33.42	534	F	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Alton & Dist	1
2:35.76	530	F	01/04/18	Swim Wales LC Championships	Swansea	Rushmoor Ryl	1
2:36.81	520	H	08/09/19	RRSC Club Championships 2019	Aldershot		4
2:36.90	519	F	28/05/17	PNSC May Madness Meet	Portsmouth	Alton & Dist	1
2:38.04	508	F	26/03/16	Portsmouth Northsea Easter Festival	Portsmouth	Alton & Dist	1
2:39.65	492	H	12/04/15	Rushmoor Royals Spring NQ Open Meet	Aldershot	Alton & Dist	1
2:40.51	485	H	14/06/14	ASA South East Region Age Group Championships	Crawley	Alton & Dist	1
2:40.76	482		15/03/14	Hampshire County Championships	Portsmouth	Alton & Dist	1
2:41.53	475		08/06/13	ASA South East Region Age Group Championships 2013	Crawley	Alton & Dist	1
2:41.76	473	H	14/03/15	Hampshire County ASA Championships	Portsmouth		1
2:42.23	469		08/06/13	ASA South East Region Age Group Championships 2013	Crawley	Alton & Dist	1
2:42.38	468	F	22/03/15	Essa SE Division Inter County Gala	Surrey	Alton & Dist	1
2:43.05	462	F	12/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	Alton & Dist	1
2:45.10	445	F	30/11/13	Portsmouth Northsea Cracker Meet	Portsmouth	Alton & Dist	1
2:47.59	426	H	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	Alton & Dist	1
2:53.00	387	H	27/10/12	Rushmoor Royals SC 10th Autumn Open Meet	Aldershot	Alton & Dist	1
2:56.01	367		10/06/12	ASA SER British Gas Age Group Championship	Crawley	Alton & Dist	1
2:56.74	363	H	19/05/12	Bracknell & Wokingham SC Open Meet	Aldershot	Alton & Dist	1
3:02.98	327	H	07/04/12	Portsmouth Northsea Easter Festival	Portsmouth	Alton & Dist	1

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