

# Individual Best Times (All Time)

Jessica Cross - (806059) - Swansea University SC - 50 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time  | WA Pts | Round | Date     | Meet   | Venue      | Club Swam Under | Level |
|-------|--------|-------|----------|--|------------|-----------------|-------|
| 28.94 | 601    | H     | 04/08/19 | Swim England National Summer Meet                  | Sheffield  | Rushmoor Ryl    | 1     |
| 28.96 | 600    | F     | 04/08/19 | Swim England National Summer Meet                  | Sheffield  | Rushmoor Ryl    | 1     |
| 29.06 | 594    | H     | 09/02/20 | Hampshire County Championships 2020                | Portsmouth | Rushmoor Ryl    | 1     |
| 29.10 | 591    | H     | 06/04/22 | British Championships 2022                         | Sheffield  | Swansea Uni     | 1     |
| 29.14 | 589    | H     | 09/02/20 | Hampshire County Championships 2020                | Portsmouth | Rushmoor Ryl    | 1     |
| 29.16 | 588    | H     | 04/05/19 | Swim England 15 Over Swimming Championships 2019   | Wycombe    | Rushmoor Ryl    | 1     |
| 29.21 | 585    | H     | 04/05/19 | Swim England 15 Over Swimming Championships 2019   | Wycombe    | Rushmoor Ryl    | 1     |
| 29.35 | 576    | F     | 15/03/20 | 2020 Wycombe Long Course Premier Meet              | Wycombe    | Rushmoor Ryl    | 1     |
| 29.35 | 576    | H     | 18/12/21 | Swim Wales Winters 2021                            | Swansea    |                 | 1     |
| 29.48 | 569    | F     | 20/04/19 | Swim Wales Long Course Championships               | WNPS       | Rushmoor Ryl    | 1     |
| 29.58 | 563    | H     | 01/12/18 | Rushmoor Royals Last Chance County Qualifier Meet  | Aldershot  | Rushmoor Ryl    | 3     |
| 29.66 | 558    | H     | 30/04/22 | Swim England South East Summer Championships       | Wycombe    |                 | 1     |
| 29.71 | 555    | H     | 24/05/19 | City of Cardiff International Open Meet            | Cardiff    | Rushmoor Ryl    | 1     |
| 29.72 | 555    | C     | 18/12/21 | Swim Wales Winters 2021                            | Swansea    |                 | 1     |
| 29.75 | 553    | H     | 06/07/19 | RRSC End of Season Summer Meet 2019                | Aldershot  | Rushmoor Ryl    | 3     |
| 29.75 | 553    | F     | 11/03/23 | Swansea Aquatic Spring LC Meet 2023                | Swansea    |                 | 1     |
| 29.80 | 550    | H     | 20/04/19 | Swim Wales Long Course Championships               | WNPS       | Rushmoor Ryl    | 1     |
| 29.86 | 547    | H     | 27/05/18 | London Swimming 2018 Long Course Summer Open       | London     | Rushmoor Ryl    | 1     |
| 29.86 | 547    | F     | 13/03/22 | Swansea Aquatics Spring Long Course Open Meet 2022 | Swansea    |                 | 1     |
| 29.87 | 547    | H     | 05/11/17 | Swim England SE - 2017 Open & Junior Champs        | Portsmouth | Rushmoor Ryl    | 1     |
| 29.99 | 540    | H     | 02/03/19 | Rushmoor Royals Regional Qualifier Open Meet       | Aldershot  | Rushmoor Ryl    | 3     |
| 30.04 | 537    | H     | 05/05/18 | Swim England South East Championships 2018         | Wycombe    | Rushmoor Ryl    | 1     |
| 30.08 | 535    | F     | 17/04/17 | Swim Wales Long Course Championships               | Swansea    | Alton & Dist    | 1     |
| 30.11 | 534    | H     | 12/02/17 | Hampshire County Swimming Championships 2017       | Portsmouth | Alton & Dist    | 1     |
| 30.14 | 532    | F     | 29/05/17 | PNSC May Madness Meet                              | Portsmouth | Alton & Dist    | 1     |
| 30.16 | 531    | H     | 12/02/17 | Hampshire County Swimming Championships 2017       | Portsmouth | Alton & Dist    | 1     |
| 30.16 | 531    | F     | 05/03/23 | Swansea University Swim Team 2023 LC Sprint Meet   | Swansea    |                 | 1     |

|       |     |   |          |  |                |              |   |
|-------|-----|---|----------|--|----------------|--------------|---|
| 30.16 | 531 | F | 05/02/23 | Swansea University Swim Team 2023 LC Sprint Meet | Swansea        |              |   |
| 30.22 | 528 | H | 17/04/17 | Swim Wales Long Course Championships             | Swansea        | Alton & Dist | 1 |
| 30.22 | 528 | H | 04/02/18 | Hampshire County Championships 2018              | Mountbatten LC | Rushmoor Ryl | 1 |
| 30.33 | 522 | H | 30/04/16 | ASA South East Region Swimming Championships     | Portsmouth     | Alton & Dist | 1 |
| 30.36 | 521 | F | 18/11/17 | Team Bath AS Autumn Level 1 & Level 3 Open Meet  | Hengrove       | Rushmoor Ryl | 1 |
| 30.38 | 520 | H | 04/02/18 | Hampshire County Championships 2018              | Mountbatten LC | Rushmoor Ryl | 1 |
| 30.46 | 515 | H | 24/02/18 | Rushmoor Royals Regional Qualifier Open Meet     | Aldershot      | Rushmoor Ryl | 3 |
| 30.51 | 513 | H | 29/04/17 | ASA South East Region Championships 2017         | Wycombe        | Alton & Dist | 1 |
| 30.51 | 513 | F | 02/12/17 | Swim Wales Long Course Championships             | Swansea        | Rushmoor Ryl | 1 |
| 30.56 | 510 | H | 29/04/17 | ASA South East Region Championships 2017         | Wycombe        | Alton & Dist | 1 |
| 30.82 | 498 | H | 05/08/16 | ASA Summer Nationals 2016                        | Sheffield      | Alton & Dist | 1 |
| 30.88 | 495 | H | 30/04/16 | ASA South East Region Swimming Championships     | Portsmouth     | Alton & Dist | 1 |
| 30.93 | 492 | H | 02/12/17 | Swim Wales Long Course Championships             | Swansea        |              | 1 |
| 31.00 | 489 | H | 02/04/18 | Swim Wales LC Championships                      | Swansea        | Rushmoor Ryl | 1 |
| 31.25 | 477 | H | 07/02/16 | Hampshire County Swimming Championships 2016     | Portsmouth     | Alton & Dist | 1 |
| 31.49 | 466 | H | 21/05/16 | Nova Centurion May Level 1 Long Course Open Meet | Nottingham     | Alton & Dist | 1 |
| 31.58 | 462 | F | 25/03/16 | Portsmouth Northsea Easter Festival              | Portsmouth     | Alton & Dist | 1 |
| 32.62 | 420 | H | 11/04/15 | Rushmoor Royals Spring NQ Open Meet              | Aldershot      | Alton & Dist | 1 |
| 33.31 | 394 | F | 19/04/15 | Crawley Spring LC Open Meet 2015                 | Crawley        | Alton & Dist | 1 |
| 33.41 | 390 | H | 18/01/14 | Rushmoor Royals January L1 Open Meet             | Crawley        | Alton & Dist | 1 |
| 33.80 | 377 | H | 20/04/14 | Rushmoor Royals Easter L1 Open Meet              | Aldershot      | Alton & Dist | 1 |
| 34.10 | 367 | F | 01/12/13 | Portsmouth Northsea Cracker Meet                 | Portsmouth     | Alton & Dist | 1 |
| 37.52 | 276 | H | 27/10/12 | Rushmoor Royals SC 10th Autumn Open Meet         | Aldershot      | Alton & Dist | 1 |

## Swims in Date Order

| Time  | WA Pts | Round | Date     | Meet   | Venue          | Club Swam Under | Level |
|-------|--------|-------|----------|--|----------------|-----------------|-------|
| 29.75 | 553    | F     | 11/03/23 | Swansea Aquatic Spring LC Meet 2023                | Swansea        |                 | 1     |
| 30.16 | 531    | F     | 05/02/23 | Swansea University Swim Team 2023 LC Sprint Meet   | Swansea        |                 | 1     |
| 29.66 | 558    | H     | 30/04/22 | Swim England South East Summer Championships       | Wycombe        |                 | 1     |
| 29.10 | 591    | H     | 06/04/22 | British Championships 2022                         | Sheffield      | Swansea Uni     | 1     |
| 29.86 | 547    | F     | 13/03/22 | Swansea Aquatics Spring Long Course Open Meet 2022 | Swansea        |                 | 1     |
| 29.72 | 555    | C     | 18/12/21 | Swim Wales Winters 2021                            | Swansea        |                 | 1     |
| 29.35 | 576    | H     | 18/12/21 | Swim Wales Winters 2021                            | Swansea        |                 | 1     |
| 29.35 | 576    | F     | 15/03/20 | 2020 Wycombe Long Course Premier Meet              | Wycombe        | Rushmoor Ryl    | 1     |
| 29.06 | 594    | H     | 09/02/20 | Hampshire County Championships 2020                | Portsmouth     | Rushmoor Ryl    | 1     |
| 29.14 | 589    | H     | 09/02/20 | Hampshire County Championships 2020                | Portsmouth     | Rushmoor Ryl    | 1     |
| 28.96 | 600    | F     | 04/08/19 | Swim England National Summer Meet                  | Sheffield      | Rushmoor Ryl    | 1     |
| 28.94 | 601    | H     | 04/08/19 | Swim England National Summer Meet                  | Sheffield      | Rushmoor Ryl    | 1     |
| 29.75 | 553    | H     | 06/07/19 | RRSC End of Season Summer Meet 2019                | Aldershot      | Rushmoor Ryl    | 3     |
| 29.71 | 555    | H     | 24/05/19 | City of Cardiff International Open Meet            | Cardiff        | Rushmoor Ryl    | 1     |
| 29.21 | 585    | H     | 04/05/19 | Swim England 15 Over Swimming Championships 2019   | Wycombe        | Rushmoor Ryl    | 1     |
| 29.16 | 588    | H     | 04/05/19 | Swim England 15 Over Swimming Championships 2019   | Wycombe        | Rushmoor Ryl    | 1     |
| 29.48 | 569    | F     | 20/04/19 | Swim Wales Long Course Championships               | WNPS           | Rushmoor Ryl    | 1     |
| 29.80 | 550    | H     | 20/04/19 | Swim Wales Long Course Championships               | WNPS           | Rushmoor Ryl    | 1     |
| 29.99 | 540    | H     | 02/03/19 | Rushmoor Royals Regional Qualifier Open Meet       | Aldershot      | Rushmoor Ryl    | 3     |
| 29.58 | 563    | H     | 01/12/18 | Rushmoor Royals Last Chance County Qualifier Meet  | Aldershot      | Rushmoor Ryl    | 3     |
| 29.86 | 547    | H     | 27/05/18 | London Swimming 2018 Long Course Summer Open       | London         | Rushmoor Ryl    | 1     |
| 30.04 | 537    | H     | 05/05/18 | Swim England South East Championships 2018         | Wycombe        | Rushmoor Ryl    | 1     |
| 31.00 | 489    | H     | 02/04/18 | Swim Wales LC Championships                        | Swansea        | Rushmoor Ryl    | 1     |
| 30.46 | 515    | H     | 24/02/18 | Rushmoor Royals Regional Qualifier Open Meet       | Aldershot      | Rushmoor Ryl    | 3     |
| 30.22 | 528    | H     | 04/02/18 | Hampshire County Championships 2018                | Mountbatten LC | Rushmoor Ryl    | 1     |
| 30.38 | 520    | H     | 04/02/18 | Hampshire County Championships 2018                | Mountbatten LC | Rushmoor Ryl    | 1     |
| 30.51 | 513    | F     | 02/12/17 | Swim Wales Long Course Championships               | Swansea        | Rushmoor Ryl    | 1     |

|       |     |   |          |  |            |              |  |   |
|-------|-----|---|----------|--|------------|--------------|--|---|
| 30.93 | 492 | H | 02/12/17 | Swim Wales Long Course Championships             | Swansea    |              |  | 1 |
| 30.36 | 521 | F | 18/11/17 | Team Bath AS Autumn Level 1 & Level 3 Open Meet  | Hengrove   | Rushmoor Ryl |  | 1 |
| 29.87 | 547 | H | 05/11/17 | Swim England SE - 2017 Open & Junior Champs      | Portsmouth | Rushmoor Ryl |  | 1 |
| 30.14 | 532 | F | 29/05/17 | PNSC May Madness Meet                            | Portsmouth | Alton & Dist |  | 1 |
| 30.51 | 513 | H | 29/04/17 | ASA South East Region Championships 2017         | Wycombe    | Alton & Dist |  | 1 |
| 30.56 | 510 | H | 29/04/17 | ASA South East Region Championships 2017         | Wycombe    | Alton & Dist |  | 1 |
| 30.08 | 535 | F | 17/04/17 | Swim Wales Long Course Championships             | Swansea    | Alton & Dist |  | 1 |
| 30.22 | 528 | H | 17/04/17 | Swim Wales Long Course Championships             | Swansea    | Alton & Dist |  | 1 |
| 30.16 | 531 | H | 12/02/17 | Hampshire County Swimming Championships 2017     | Portsmouth | Alton & Dist |  | 1 |
| 30.11 | 534 | H | 12/02/17 | Hampshire County Swimming Championships 2017     | Portsmouth | Alton & Dist |  | 1 |
| 30.82 | 498 | H | 05/08/16 | ASA Summer Nationals 2016                        | Sheffield  | Alton & Dist |  | 1 |
| 31.49 | 466 | H | 21/05/16 | Nova Centurion May Level 1 Long Course Open Meet | Nottingham | Alton & Dist |  | 1 |
| 30.88 | 495 | H | 30/04/16 | ASA South East Region Swimming Championships     | Portsmouth | Alton & Dist |  | 1 |
| 30.33 | 522 | H | 30/04/16 | ASA South East Region Swimming Championships     | Portsmouth | Alton & Dist |  | 1 |
| 31.58 | 462 | F | 25/03/16 | Portsmouth Northsea Easter Festival              | Portsmouth | Alton & Dist |  | 1 |
| 31.25 | 477 | H | 07/02/16 | Hampshire County Swimming Championships 2016     | Portsmouth | Alton & Dist |  | 1 |
| 33.31 | 394 | F | 19/04/15 | Crawley Spring LC Open Meet 2015                 | Crawley    | Alton & Dist |  | 1 |
| 32.62 | 420 | H | 11/04/15 | Rushmoor Royals Spring NQ Open Meet              | Aldershot  | Alton & Dist |  | 1 |
| 33.80 | 377 | H | 20/04/14 | Rushmoor Royals Easter L1 Open Meet              | Aldershot  | Alton & Dist |  | 1 |
| 33.41 | 390 | H | 18/01/14 | Rushmoor Royals January L1 Open Meet             | Crawley    | Alton & Dist |  | 1 |
| 34.10 | 367 | F | 01/12/13 | Portsmouth Northsea Cracker Meet                 | Portsmouth | Alton & Dist |  | 1 |
| 37.52 | 276 | H | 27/10/12 | Rushmoor Royals SC 10th Autumn Open Meet         | Aldershot  | Alton & Dist |  | 1 |