## **Individual Best Times (All Time)**

Ella Hamilton - (806044) - Rushmoor Royals SC - 100 Breaststroke - Long Course Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

1:18.81 1:18.82 1:19.16 1:19.52 1:20.28	538 538 531 524 509	H F H	01/08/16 03/04/16 03/02/18	ASA Summer Nationals 2016  Scottish National Age Group Championships	Sheffield	Alton & Dist	1
1:19.16 1:19.52	531 524	Н		Scottish National Age Group Championships			
1:19.52	524		03/02/18		Glasgow	Alton & Dist	1
		Н		Hampshire County Championships 2018	Mountbatten LC	LC Rushmoor Ryl	
1:20.28	509		03/04/16	Scottish National Age Group Championships	Glasgow	Alton & Dist	1
		Н	19/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	Alton & Dist	1
1:20.50	505	Н	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Alton & Dist	1
1:21.05	495	Н	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Alton & Dist	1
1:21.09	494	Н	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Alton & Dist	1
1:21.13	493	Н	25/02/18	Rushmoor Royals Regional Qualifier Open Meet	Aldershot	Rushmoor Ryl	3
1:21.31	490	Н	29/05/16	ASA South East Region Swimming Championships	Crawley	Alton & Dist	1
1:21.43	488	Н	05/05/18	Swim England South East Championships 2018	Wycombe	Rushmoor Ryl	1
1:21.80	481	F	19/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	Rushmoor Ryl	1
1:22.00	478	Н	29/04/17	ASA South East Region Championships 2017	Wycombe	Alton & Dist	1
1:22.10	476	Н	03/02/18	Hampshire County Championships 2018	Mountbatten LC	Rushmoor Ryl	1
1:22.13	476	F	07/01/18	UBSC New Year Level 1 Open Meet	Hengrove	Rushmoor Ryl	1
1:22.19	475	F	25/03/17	Guildford City Springboard Level 1 Open Meet	Surrey	Alton & Dist	1
1:22.26	473	F	28/05/17	PNSC May Madness Meet	Portsmouth	Alton & Dist	1
1:22.89	463	Н	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Alton & Dist	1
1:22.94	462	F	05/04/15	Scottish National Age Group Championships	Aberdeen	Alton & Dist	1
1:23.02	460	Н	27/05/18	London Swimming 2018 Long Course Summer Open	London	Rushmoor Ryl	1
1:23.54	452	F	11/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Alton & Dist	1
1:23.56	452	Н	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	Alton & Dist	1
1:23.63	450	Н	02/04/17	Scottish National Age Group Championships	Aberdeen	Alton & Dist	1
1:24.12	443	Н	02/12/18	Rushmoor Royals Last Chance County Qualifier Meet	Aldershot	Rushmoor Ryl	3
1:24.54	436	Н	16/05/15	ASASER Swimming Championships	Crawley		1
1:25.00	429	Н	14/03/15	Hampshire County ASA Championships	Portsmouth		1
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1:25.	16 427	F	12/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	Alton & Dist	1	
1:25.2	21 426		15/03/14	Hampshire County Championships	Portsmouth	Alton & Dist	1	
1:25.2	25 425	F	26/06/14	Scottish Gas National Age Groups 2014	Aberdeen	Alton & Dist	1	
1:25.5	57 420	F	30/11/13	Portsmouth Northsea Cracker Meet	Portsmouth	Alton & Dist	1	
1:25.7	78 417	Н	05/04/15	Scottish National Age Group Championships	Aberdeen	Alton & Dist	1	
1:25.8	86 416	Н	26/06/14	Scottish Gas National Age Groups 2014	Aberdeen	Alton & Dist	1	
1:26.0	03 414	Н	18/05/14	Bracknell & Wokingham SC L1 Open Meet	Aldershot	Alton & Dist	1	
1:26.	52 407	Н	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	Alton & Dist	1	
1:27.0	01 400	F	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	Alton & Dist	1	
1:27.	18 398	Н	15/06/14	ASA South East Region Age Group Championships	Crawley	Alton & Dist	1	
1:28.4	44 381		09/06/13	ASA South East Region Age Group Championships 2013	Crawley	Alton & Dist	1	
1:29.	17 371	Н	11/04/13	SG National Age Group Championships	Edinburgh	Alton & Dist	1	
1:29.2	29 370		16/03/13	Hampshire County Championships	Portsmouth	Alton & Dist	1	
1:33.9	99 317	Н	28/10/12	Rushmoor Royals SC 10th Autumn Open Meet	Aldershot	Alton & Dist	1	

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Leve
1:24.12	443	Н	02/12/18	Rushmoor Royals Last Chance County Qualifier Meet	Aldershot	Rushmoor Ryl	3
1:23.02	460	Н	27/05/18	London Swimming 2018 Long Course Summer Open	London	Rushmoor Ryl	1
1:21.43	488	Н	05/05/18	Swim England South East Championships 2018	Wycombe	Rushmoor Ryl	1
1:21.13	493	Н	25/02/18	Rushmoor Royals Regional Qualifier Open Meet	Aldershot	Rushmoor Ryl	3
1:19.16	531	Н	03/02/18	Hampshire County Championships 2018	Mountbatten LC	Rushmoor Ryl	
1:22.10	476	Н	03/02/18	Hampshire County Championships 2018	Mountbatten LC Rushmoor Ryl		1
1:22.13	476	F	07/01/18	UBSC New Year Level 1 Open Meet	Hengrove	Rushmoor Ryl	1
1:21.80	481	F	19/11/17	Team Bath AS Autumn Level 1 & Level 3 Open Meet	Hengrove	Rushmoor Ryl	1
1:22.26	473	F	28/05/17	PNSC May Madness Meet	Portsmouth	Alton & Dist	1
1:22.00	478	Н	29/04/17	ASA South East Region Championships 2017	Wycombe	Alton & Dist	1
1:23.63	450	Н	02/04/17	Scottish National Age Group Championships	Aberdeen	Alton & Dist	1
1:22.19	475	F	25/03/17	Guildford City Springboard Level 1 Open Meet	Surrey	Alton & Dist	1
1:20.28	509	Н	19/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	Alton & Dist	1
1:20.50	505	Н	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Alton & Dist	1
1:21.09	494	Н	11/02/17	Hampshire County Swimming Championships 2017	Portsmouth	Alton & Dist	1
1:18.81	538	Н	01/08/16	ASA Summer Nationals 2016	Sheffield	Alton & Dist	1
1:21.31	490	Н	29/05/16	ASA South East Region Swimming Championships	Crawley	Alton & Dist	1
1:18.82	538	F	03/04/16	Scottish National Age Group Championships	Glasgow	Alton & Dist	1
1:19.52	524	Н	03/04/16	Scottish National Age Group Championships	Glasgow	Alton & Dist	1
1:21.05	495	Н	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Alton & Dist	1
1:22.89	463	Н	06/02/16	Hampshire County Swimming Championships 2016	Portsmouth	Alton & Dist	1
1:24.54	436	Н	16/05/15	ASASER Swimming Championships	Crawley		1
1:27.01	400	F	18/04/15	Crawley Spring LC Open Meet 2015	Crawley	Alton & Dist	1
1:22.94	462	F	05/04/15	Scottish National Age Group Championships	Aberdeen	Alton & Dist	1
1:25.78	417	Н	05/04/15	Scottish National Age Group Championships	Aberdeen	Alton & Dist	1
1:25.00	429	Н	14/03/15	Hampshire County ASA Championships	Portsmouth		1
1:23.56	452	Н	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	Alton & Dist	1
1:23.54	452	F	11/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Alton & Dist	1
1:25.25	425	F	26/06/14	Scottish Gas National Age Groups 2014	Aberdeen	Alton & Dist	1
1:25.86	416	Н	26/06/14	Scottish Gas National Age Groups 2014	Aberdeen	Alton & Dist	1
1:27.18	398	Н	15/06/14	ASA South East Region Age Group Championships	Crawley	Alton & Dist	1
1:26.03	414	Н	18/05/14	Bracknell & Wokingham SC L1 Open Meet	Aldershot	Alton & Dist	1
1:25.02	429	Н	20/04/14	Rushmoor Royals Easter L1 Open Meet	Aldershot	Alton & Dist	1
1:25.21	426		15/03/14	Hampshire County Championships	Portsmouth	Alton & Dist	1
1:26.52	407	Н	18/01/14	Rushmoor Royals January L1 Open Meet	Crawley	Alton & Dist	1

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1 1	Alton & Dist	Portsmouth	Portsmouth Northsea New Year Open Meet	12/01/14	F	427	1:25.16
1	Alton & Dist	Portsmouth	Portsmouth Northsea Cracker Meet	30/11/13	F	420	1:25.57
1	Alton & Dist	2013 Crawley	ASA South East Region Age Group Championships 2	09/06/13		381	1:28.44
1	Alton & Dist	Edinburgh	SG National Age Group Championships	11/04/13	Н	371	1:29.17
1	Alton & Dist	Portsmouth	Hampshire County Championships	16/03/13		370	1:29.29
1	Alton & Dist	Aldershot	Rushmoor Royals SC 10th Autumn Open Meet	28/10/12	Н	317	1:33.99

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