

Individual Best Times (All Time)

Ella Hamilton - (806044) - Rushmoor Royals SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:34.76	500	H	20/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Alton & Dist	1
5:36.41	493	H	23/01/16	Hampshire County Swimming Championships 2016	Portsmouth	Alton & Dist	1
5:37.67	488	F	02/04/16	Scottish National Age Group Championships	Glasgow	Alton & Dist	1
5:46.22	452	F	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Alton & Dist	1

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