

Individual Best Times (All Time)

Matthew Johnson - (805194) - Crosby SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:30.38	539	H	24/05/15	ASA 2015 North West Regional Championships	Liverpool		1
4:30.96	535	F	03/05/15	Manchester Open Meet 2015	Manchester	Co Liverpool	1
4:31.18	534	F	08/05/16	Manchester Open Meet 2016	Manchester	Co Liverpool	1
4:31.29	533	H	25/03/16	City of Sheffield Swim Squad Premier Meet	Sheffield	Co Liverpool	1
4:32.21	528	F	14/05/17	Manchester Open Meet 2017	Manchester	Co Liverpool	1
4:32.43	527	H	22/03/15	Lancashire County Age Groups & Championships	Manchester		1
4:32.50	526	H	30/04/17	ASA North West Region Summer Championships	Manchester	Co Liverpool	1
4:32.53	526	F	21/12/14	CO Manchester Aquatics Manchester Snow'pen	Manchester	Co Liverpool	1
4:37.55	498	H	05/02/17	Lancashire County Championships	Manchester	Crosby	1
4:39.49	488	H	18/01/15	City of Liverpool Level 1 Winter Meet Plus	Liverpool		1
4:39.85	486	H	08/06/14	BG North West Region 2014 Age Group Champs	Manchester		1
4:40.52	482	F	11/05/14	City of Manchester Aquatics Open Meet	Manchester	Co Liverpool	1
4:41.64	477	H	26/03/17	Liverpool Spring Open Meet	Liverpool	Co Liverpool	1
4:47.78	447	H	28/01/18	Lancs County WPSA Age Groups & Championships	Manchester	Crosby	1
4:49.10	441	H	16/03/14	Lancashire County Championships	Manchester	Crosby	1
5:01.77	387	H	10/03/13	Lancashire Age Group County Championships	Manchester	Crosby	1
5:05.92	372	H	09/06/13	BG NWR 2013 Age Group Championships	Manchester	Crosby	1
5:18.00	331	H	20/01/13	City of Liverpool SC L1 Winter Open Meet	Liverpool	Crosby	1
5:21.29	321	F	12/05/12	City of Manchester Aquatics Swim Team Open	Manchester	Crosby	1
5:29.48	297	H	18/03/12	Lancashire County Championships	Manchester	Crosby	1
5:41.19	268	F	22/01/12	City of Liverpool Winter Open Distance Mee	Liverpool	Crosby	1
6:02.61	223	H	10/04/11	Lancashire County Championships	Manchester	Crosby	1
6:21.95	191	F	23/01/11	City of Liverpool Winter Distance Meet	Liverpool	Crosby	1

Swims in Date Order

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