

Individual Best Times (All Time)

Rebecca Kitching - (804184) - Chelmsford City SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:46.65	553	H	08/06/14	BGASA East Region Championships 2014	Norwich	Chelmsford	1
4:48.36	543	F	19/04/15	Crawley Spring LC Open Meet 2015	Crawley	Chelmsford	1
4:55.29	506	F	30/05/15	Cardiff International Open Meet 2015	Cardiff	Chelmsford	1
4:56.92	498	H	02/06/13	BGASA East Region Age Group Champs	Norwich	Chelmsford	1
4:57.22	496	H	20/04/14	Basildon & Phoenix Easter Long Course Meet	Basildon	Chelmsford	1
4:57.87	493	H	24/11/13	Essex Winter Long Course Competition	Basildon	Chelmsford	1
4:58.31	491	H	23/05/15	ASA East Region Summer Championships	Norwich	Chelmsford	1
4:59.85	483	H	25/05/14	Team Luton Last Chance National Qualifier 2014	Luton	Chelmsford	1
5:02.58	470	H	23/01/16	Essex Age Group Championships 2016	Basildon	Chelmsford	1
5:02.58	470	H	23/01/16	Essex Age Group Championships 2016	Basildon	Chelmsford	1
5:03.98	464	F	31/03/13	City of Norwich SC Easter Meet 2013	Norwich	Chelmsford	1
5:04.73	460	H	25/01/14	Central Zonal Meet 2014	Corby	Chelmsford	1
5:14.75	418	H	17/11/12	Team Luton Inaugural Long Course Meet	Luton	Chelmsford	1
5:18.99	401	H	03/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	Chelmsford	1

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