

Individual Best Times (All Time)

Joseph Harouma - (802718) - Newham & University of East Lond - 50 Backstroke - Long Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
41.94	177	H	03/02/13	Bishops Stortford SC 1st Long Course Open	Basildon	Bo Newham	3

Swims in Date Order

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