

Individual Best Times (All Time)

Reef Hook - (801500) - Ealing SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:17.81	535	F	04/05/15	London Region Summer Championships	Crystal Palace		1
2:17.90	534	F	16/05/15	MCASA Long Course Open Meet	Luton	Ealing	1
2:18.65	525	H	29/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	Ealing	1
2:18.68	525	H	04/05/15	London Region Summer Championships	Crystal Palace		1
2:19.13	520	H	09/04/16	London Region Summer Championships	London	Ealing	1
2:19.31	518	H	04/04/15	Beckenham Easter International Open 2015	Crystal Palace		1
2:23.15	477	H	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent		1
2:27.46	437	H	07/06/14	London Region Age Group Championships	Stratford	Ealing	1
2:27.86	433	F	17/05/14	MCASA Long Course Championships 2014	Surrey	Ealing	1
2:28.75	425	F	07/06/14	London Region Age Group Championships	Stratford	Ealing	1
3:12.41	196	F	15/10/11	Wycombe District SC Annual B C Meet	High Wycombe	Ealing	3

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