

Individual Best Times (All Time)

Reef Hook - (801500) - Ealing SC - 100 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:01.74	583	F	05/05/18	2018 London Swimming Regional Summer Champs	Stratford	Ealing	1
1:01.88	579	H	29/04/17	2017 London Swimming Regional Youth Championships	Stratford	Ealing	1
1:02.12	573	H	05/05/18	2018 London Swimming Regional Summer Champs	Stratford	Ealing	1
1:02.24	569	R	31/07/16	British Summer Championships	Sheffield	Ealing	1
1:02.57	560	H	09/04/16	London Region Summer Championships	London	Ealing	1
1:02.61	559	F	29/04/17	2017 London Swimming Regional Youth Championships	Stratford	Ealing	1
1:03.08	547	F	28/05/16	Plymouth Leander Level 1 National Qualifier 2016	Plymouth		1
1:03.52	536	H	30/01/16	Burns Open Meet 2016	Sheffield	Ealing	1
1:03.52	536	F	15/05/16	MCASA Long Course Open Meet	Guildford	Ealing	1
1:03.66	532	F	28/05/17	2017 London Swimming May Open Meet	London	Ealing	1
1:03.72	531	H	28/01/17	Chester le Street & Derwentside Burns Open Meet	Sheffield	Ealing	1
1:04.03	523	F	17/05/15	MCASA Long Course Open Meet	Luton	Ealing	1
1:04.21	518	H	05/04/15	Beckenham Easter International Open 2015	Crystal Palace		1
1:04.52	511	H	19/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Ealing	1
1:04.66	508	F	09/04/16	London Region Summer Championships	London	Ealing	1
1:04.91	502	H	02/05/15	London Region Summer Championships	Crystal Palace		1
1:05.17	496	F	02/05/15	London Region Summer Championships	Crystal Palace		1
1:05.79	482	H	22/02/15	The Hague Gold Grand Prix	Den Haag		1
1:05.79	482	F	15/03/15	London Schools Championships 2015	Crystal Palace		1
1:05.94	479	H	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent		1
1:06.18	473	F	15/06/14	London Region Age Group Championships	Stratford	Ealing	1
1:06.74	462	F	18/05/14	MCASA Long Course Championships 2014	Surrey	Ealing	1
1:07.27	451	H	15/06/14	London Region Age Group Championships	Stratford	Ealing	1
1:07.34	449	F	22/02/15	The Hague Gold Grand Prix	Den Haag		1
1:08.30	431	H	18/05/14	MCASA Long Course Championships 2014	Surrey	Ealing	1
1:09.35	411	H	08/12/13	London Winter Championships	Ealing	Ealing	1
1:09.74	405	H	17/11/13	Team Luton Autumn LC Open Meet	Luton	Ealing	1

1:09.74	405	H	17/11/13	Team Luton Autumn LC Open Meet	Luton	Ealing	1
1:12.19	365	H	13/07/13	Wycombe District SC End of Season Meet	Wycombe	Ealing	3
1:12.24	364	H	09/06/13	ASA London Region Age Group Championship	London	Ealing	1
1:12.68	357	F	13/07/13	Wycombe District SC End of Season Meet	Wycombe	Ealing	3
1:16.70	304	H	13/04/13	Bexley SC Long Course Open Meet	London	Ealing	1
1:18.11	288	H	18/11/12	Team Luton Inaugural Long Course Meet	Luton	Ealing	1
1:21.68	252	F	14/07/12	Portsmouth Northsea End of Season Meet	Portsmouth	Ealing	3
1:29.84	189	F	15/10/11	Wycombe District SC Annual B C Meet	High Wycombe	Ealing	3

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