

Individual Best Times (All Time)

James Macdonald - (801040) - Warrender Baths Club - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.43	568	H	31/03/19	Scottish National Age Group Championships	Tollcross	Warrender Ba	1
28.51	563	F	01/04/18	Scottish National Age Group Championships	Tollcross	Warrender Ba	1
28.63	556	H	01/04/18	Scottish National Age Group Championships	Tollcross	Warrender Ba	1
28.65	555	F	31/03/19	Scottish National Age Group Championships	Tollcross	Warrender Ba	1
29.13	528	H	04/02/18	East District Age Groups 2018 Round 3	Edinburgh	Warrender Ba	1
29.14	527	F	04/02/18	East District Age Groups 2018 Round 3	Edinburgh	Warrender Ba	1
29.51	508	F	05/02/17	East District Age Groups Finals	Edinburgh	Warrender Ba	1
30.05	481	H	05/02/17	East District Age Groups Finals	Edinburgh	Warrender Ba	1
30.65	453	H	06/02/16	Derventio Excel February Festival 2016	Sheffield	Warrender Ba	1
31.57	415	H	12/03/16	Edinburgh International Meet	Edinburgh	Warrender Ba	1
32.15	393	H	22/01/16	East District Age Group Championships	Edinburgh	Warrender Ba	1
32.23	390	F	05/04/15	Scottish National Age Group Championships	Aberdeen	Warrender Ba	1
32.24	389	H	05/04/15	Scottish National Age Group Championships	Aberdeen	Warrender Ba	1
32.86	368	H	25/07/15	Scottish Summer Meet 2015	Edinburgh		1

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