

Individual Best Times (All Time)

Simon Sweatman - (800178) - Millfield - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:07.51	490	H	30/04/17	ASA SWR Summer Championships	Plymouth	Millfield	1
5:11.68	470	H	22/05/16	West Midlands ASA Championships	Coventry	Pershore	1
5:15.42	454	F	27/02/16	Aquae Sulis Spring Grand Prix	Bristol	Pershore	1
5:16.40	450	F	29/01/17	Somerset County Championships 2017	Millfield	Millfield	1
5:43.94	350	H	15/06/14	Midland Age Group Championships 2014	Coventry		1
6:05.12	292	F	21/12/13	City of Manchester Aquatics Snow'pen Meet	Manchester	Pershore	1
6:07.12	288	H	09/06/13	Midland Age Groups Championships	Coventry	Pershore	1
6:35.74	230	H	02/06/12	Midlands Age Group Championships	Coventry	Pershore	1

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