

Individual Best Times (All Time)

Alice Smail - (800108) - City of Cambridge SC - 400 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:46.56	554	F	28/05/17	Cardiff International Open Meet 2017	Cardiff	Ellesmere Co	1
4:49.19	539	F	17/05/14	MCASA Long Course Championships 2014	Surrey	Teddington	1
5:10.56	435	H	02/06/12	British Gas ASA London Region AG Champs	Crystal Palace	Teddington	1
5:44.49	318	H	04/06/11	BG London Region Bagcat Championships	London	Teddington	1

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