

Individual Best Times (All Time)

Joseph Lenihan - (798062) - Sutton & Cheam SC - 200 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:14.02	582	H	04/08/18	Swim England National Summer Meet	Sheffield	Sutton Cheam	1
2:14.21	579	F	04/08/18	Swim England National Summer Meet	Sheffield	Sutton Cheam	1
2:17.07	544	F	06/08/17	Swim England National Summer Meet (50m)	Sheffield	Sutton Cheam	1
2:17.27	541	H	06/08/17	Swim England National Summer Meet (50m)	Sheffield	Sutton Cheam	1
2:17.33	541	F	27/01/19	Surrey Age Group Championships 2019	Surrey	Sutton Cheam	1
2:17.70	536	F	11/02/18	Surrey Age Group Championships 2018	Surrey	Sutton Cheam	1
2:17.90	534	H	27/05/18	London Swimming 2018 Long Course Summer Open	London	Sutton Cheam	1
2:17.99	533	F	05/08/16	ASA Summer Nationals 2016	Sheffield	Sutton Cheam	1
2:18.85	523	F	12/02/17	Surrey Age Group Championships	Guildford	Sutton Cheam	1
2:19.09	520	F	08/04/18	Crawley Spring Open	Crawley	Sutton Cheam	1
2:19.82	512	F	28/05/17	2017 London Swimming May Open Meet	London	Sutton Cheam	1
2:20.17	509	H	05/08/16	ASA Summer Nationals 2016	Sheffield	Sutton Cheam	1
2:20.36	506	F	01/05/17	2017 London Swimming Regional Youth Championships	Stratford	Sutton Cheam	1
2:20.46	505	F	09/04/17	Crawley Spring LC Level 1 Meet	Crawley	Sutton Cheam	1
2:20.62	504	H	01/05/17	2017 London Swimming Regional Youth Championships	Stratford	Sutton Cheam	1
2:20.84	501	H	19/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	Sutton Cheam	1
2:23.12	478	F	07/05/16	London Region Age Grp Summer Championships	Crystal Palace	Sutton Cheam	1
2:23.62	473	H	20/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Sutton Cheam	1
2:24.05	469	H	14/05/16	Team Luton May Long Course Meet	Luton	Sutton Cheam	1
2:25.46	455	H	07/05/16	London Region Age Grp Summer Championships	Crystal Palace	Sutton Cheam	1
2:29.05	423	F	03/05/15	London Region Summer Championships	Crystal Palace	Sutton Cheam	1
2:30.76	409	H	03/05/15	London Region Summer Championships	Crystal Palace	Sutton Cheam	1
2:31.02	407	F	22/02/15	Surrey Age Group Championships	Guildford	Sutton Cheam	1
2:33.35	388	F	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	Sutton Cheam	1
2:34.65	379	H	12/04/15	Bexley Long Course Open Meet	Crystal Palace	Sutton Cheam	1
2:38.06	355	F	07/06/14	London Region Age Group Championships	Stratford	Sutton Cheam	1
2:38.15	354	H	07/06/14	London Region Age Group Championships	Stratford	Sutton Cheam	1

2:36.13	334	H	07/06/14	London Region Age Group Championships	Stratford	Sutton Cheam	1
2:38.91	349	H	10/05/14	Beckenham International Open Meet	London	Sutton Cheam	1
2:40.66	338	H	27/04/14	Bexley Long Course Open Meet	London	Sutton Cheam	1
2:42.29	327	H	01/06/13	ASA London Region Age Groups 2013	London	Sutton Cheam	1
2:43.17	322	F	11/01/14	Portsmouth Northsea New Year Open Meet	Portsmouth	Sutton Cheam	1
2:46.07	306	F	01/06/13	ASA London Region Age Groups 2013	London	Sutton Cheam	1
2:50.10	284	H	11/05/13	Beckenham SC International Open Meet	Crystal Palace	Sutton Cheam	1
2:54.62	263	H	13/04/13	Bexley SC Long Course Open Meet	London	Sutton Cheam	1

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