

Individual Best Times (All Time)

Joseph Lenihan - (798062) - Sutton & Cheam SC - 50 Backstroke - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
28.49	564	F	02/08/18	Swim England National Summer Meet	Sheffield	Sutton Cheam	1
28.52	563	H	02/08/18	Swim England National Summer Meet	Sheffield	Sutton Cheam	1
29.07	531	F	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	Sutton Cheam	1
29.08	531	H	04/08/17	Swim England National Summer Meet (50m)	Sheffield	Sutton Cheam	1
29.14	527	F	04/08/17	Swim England National Summer Meet (50m)	Sheffield	Sutton Cheam	1
29.18	525	H	23/02/19	Surrey Age Group Championships 2019	London	Sutton Cheam	1
29.20	524	H	27/05/18	London Swimming 2018 Long Course Summer Open	London	Sutton Cheam	1
29.33	517	H	06/05/18	2018 London Swimming Regional Summer Champs	Stratford	Sutton Cheam	1
29.44	511	F	03/08/16	ASA Summer Nationals 2016	Sheffield	Sutton Cheam	1
29.59	504	F	07/04/18	Crawley Spring Open	Crawley	Sutton Cheam	1
29.68	499	F	26/02/17	Surrey Age Group Championships	Crystal Palace	Sutton Cheam	1
29.69	499	F	30/04/17	2017 London Swimming Regional Youth Championships	Stratford	Sutton Cheam	1
29.71	498	F	17/02/18	Surrey Age Group Championships 2018	Surrey	Sutton Cheam	1
29.76	495	F	28/05/17	2017 London Swimming May Open Meet	London	Sutton Cheam	1
29.78	494	H	03/08/16	ASA Summer Nationals 2016	Sheffield	Sutton Cheam	1
29.98	484	H	30/04/17	2017 London Swimming Regional Youth Championships	Stratford	Sutton Cheam	1
30.02	482	H	19/03/17	Rushmoor Royals L1 Spring National Qualifier Open	Aldershot	Sutton Cheam	1
30.23	472	F	23/02/19	Surrey Age Group Championships 2019	London	Sutton Cheam	1
30.40	464	F	08/04/17	Crawley Spring LC Level 1 Meet	Crawley	Sutton Cheam	1
30.46	462	H	17/02/18	Surrey Age Group Championships 2018	Surrey	Sutton Cheam	1
31.05	436	F	08/05/16	London Region Age Grp Summer Championships	Crystal Palace	Sutton Cheam	1
31.36	423	H	20/03/16	Rushmoor Royals L1 Spring National Qualifier	Aldershot	Sutton Cheam	1
31.56	415	F	28/02/16	Surrey County ASA Age Group Championships 2016	Crystal Palace	Sutton Cheam	1
31.77	407	H	08/05/16	London Region Age Grp Summer Championships	Crystal Palace	Sutton Cheam	1
32.56	378	F	28/02/15	Surrey Age Group Championships	Crystal Palace	Sutton Cheam	1
33.00	363	H	28/02/15	Surrey Age Group Championships	Crystal Palace	Sutton Cheam	1
33.45	358	H	10/04/15	Crystal Palace Open Meet	Crystal Palace	Sutton Cheam	1

33.13	330	H	12/04/13	Bexley Long Course Open Meet	Crystal Palace		
33.39	350	H	30/05/15	London Regional Championships	London		1
33.47	348	F	30/05/15	London Regional Championships	London		1
35.26	297	F	23/03/14	BG Surrey County Championships	Crystal Palace	Sutton Cheam	1
35.49	292	H	23/03/14	BG Surrey County Championships	Crystal Palace	Sutton Cheam	1
36.69	264	H	12/05/13	Beckenham SC International Open Meet	Crystal Palace	Sutton Cheam	1
38.54	228	H	23/03/13	Surrey Age Group County Champs	Crystal Palace	Sutton Cheam	1
41.11	187	H	11/03/12	Surrey County Championships	Guildford	Sutton Cheam	1

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