

Individual Best Times (All Time)

Ryan Smith - (798043) - City of Norwich SC - 400 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:46.70	342	H	02/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	Co Norwich	1
5:47.89	338	H	19/05/12	Rotherham Metro SC Long Course Open Meet	Sheffield	Co Norwich	1
5:49.49	334	F	08/04/12	UEA City of Norwich Easter Meet	Norwich	Co Norwich	1
6:02.73	298	H	18/12/11	Northampton Winter Festival Open Meet	Corby	Co Norwich	1

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