

# Individual Best Times (All Time)

Ryan Smith - (798043) - City of Norwich SC - 200 Individual Medley - Long Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:26.24	473	F	11/07/15	UEA City of Norwich Mid-Summer Madness Open	Norwich	Co Norwich	3
2:29.69	441	H	11/01/14	City of Derby Long Course L1 Meet	Sheffield	Co Norwich	1
2:33.52	409	F	20/04/14	UEA City of Norwich Easter LC Meet 2014	Norwich	Co Norwich	1
2:34.04	405	F	02/11/13	UEA City of Norwich Big Bang Open Meet	Norwich	Co Norwich	1
2:34.60	400	H	08/06/13	BGASA East Region Age Group Champs	Norwich	Co Norwich	1
2:35.22	396	F	31/03/13	City of Norwich SC Easter Meet 2013	Norwich	Co Norwich	1
2:36.97	383	H	19/05/13	Rotherham Metro Level 1 Open Meet	Sheffield	Co Norwich	1
2:37.44	379	H	12/01/13	City of Derby 12th Long Course Open Meet	Sheffield	Co Norwich	1
2:37.61	378	H	09/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	Co Norwich	1
2:40.81	356	F	09/06/12	British Gas ASA East Region BAGCAT Champs	Norwich	Co Norwich	1
2:42.52	345	H	19/05/12	Rotherham Metro SC Long Course Open Meet	Sheffield	Co Norwich	1
2:45.87	324	H	17/12/11	Northampton Winter Festival Open Meet	Corby	Co Norwich	1
2:47.18	317	F	07/04/12	UEA City of Norwich Easter Meet	Norwich	Co Norwich	1
2:58.19	261	H	10/04/11	City of Norwich Easter Meet	Norwich	Co Norwich	1
2:58.57	260	H	11/06/11	BG East Region Bagcat Championships	Norwich	Co Norwich	1

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