

Individual Best Times (All Time)

Frederick Benians - (796803) - South Croydon SC - 100 Butterfly - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:05.91	422	H	28/04/13	London Schools Swimming Association Champs	Crystal Palace	Plymouth Lea	1
1:06.25	415	F	14/04/13	Crawley SC Spring Long Course Open Meet	Crawley	Plymouth Lea	1
1:06.73	406	H	02/06/13	ASA London Region Age Groups 2013	London	Plymouth Lea	1
1:06.86	404	F	25/07/12	BG ASA National Age Groups Championships	Sheffield	Plymouth Lea	1
1:07.40	394	F	18/01/14	Exeter January Meet	Cardiff	Plymouth Lea	1
1:07.85	387	F	02/06/13	ASA London Region Age Groups 2013	London	Plymouth Lea	1
1:08.35	378	H	25/07/12	BG ASA National Age Groups Championships	Sheffield	Plymouth Lea	1
1:08.37	378	H	27/07/13	BG ASA National Age Groups 2013	Sheffield	Plymouth Lea	1
1:09.03	367	F	03/06/12	British Gas ASA London Region AG Champs	Crystal Palace	Plymouth Lea	1
1:09.31	363	F	18/11/12	Crawley Not So Early Bird Meet	Crawley	Plymouth Lea	1
1:09.55	359	H	03/06/12	British Gas ASA London Region AG Champs	Crystal Palace	Plymouth Lea	1
1:09.89	354	H	08/06/14	ASA South West Region AG Championships	Millfield	Plymouth Lea	1
1:09.92	353	H	26/05/12	Greenwich Borough ASA Beacon Open Meet	Crystal Palace	Plymouth Lea	1
1:10.24	348	H	11/05/13	Beckenham SC International Open Meet	Crystal Palace	Plymouth Lea	1
1:10.62	343	H	22/04/12	London Schools ESSA Divisional Trials	London	Plymouth Lea	1
1:12.66	315	H	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	Plymouth Lea	1
1:21.71	221	H	28/05/11	Crystal Palace Beacon Long Course Meet	London	Plymouth Lea	1

Swims in Date Order

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