

Individual Best Times (All Time)

Frederick Benians - (796803) - South Croydon SC - 50 Freestyle - Long Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
26.04	517	H	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	Plymouth Lea	1
26.37	498	F	23/03/13	Surrey Age Group County Champs	Crystal Palace	Plymouth Lea	1
26.65	483	F	18/01/14	Exeter January Meet	Cardiff	Plymouth Lea	1
26.76	477	H	23/03/13	Surrey Age Group County Champs	Crystal Palace	Plymouth Lea	1
27.87	422	H	11/03/12	Surrey County Championships	Guildford	Plymouth Lea	1
27.90	420	F	18/11/12	Crawley Not So Early Bird Meet	Crawley	Plymouth Lea	1
28.01	416	F	11/03/12	Surrey County Championships	Guildford	Plymouth Lea	1
29.92	341	F	06/03/11	Surrey County Championships	Crystal Palace	Plymouth Lea	1
29.95	340	H	06/03/11	Surrey County Championships	Crystal Palace	Plymouth Lea	1
32.64	262	F	14/03/10	Surrey County Champs	Crystal Palace	Plymouth Lea	1
33.79	236	H	13/03/10	Surrey County Champs	Crystal Palace	Plymouth Lea	1

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
26.04	517	H	29/03/14	City of Sheffield SS Premier Open Meet	Sheffield	Plymouth Lea	1
26.65	483	F	18/01/14	Exeter January Meet	Cardiff	Plymouth Lea	1
26.37	498	F	23/03/13	Surrey Age Group County Champs	Crystal Palace	Plymouth Lea	1
26.76	477	H	23/03/13	Surrey Age Group County Champs	Crystal Palace	Plymouth Lea	1
27.90	420	F	18/11/12	Crawley Not So Early Bird Meet	Crawley	Plymouth Lea	1
28.01	416	F	11/03/12	Surrey County Championships	Guildford	Plymouth Lea	1
27.87	422	H	11/03/12	Surrey County Championships	Guildford	Plymouth Lea	1
29.92	341	F	06/03/11	Surrey County Championships	Crystal Palace	Plymouth Lea	1
29.95	340	H	06/03/11	Surrey County Championships	Crystal Palace	Plymouth Lea	1
32.64	262	F	14/03/10	Surrey County Champs	Crystal Palace	Plymouth Lea	1
33.79	236	H	13/03/10	Surrey County Champs	Crystal Palace	Plymouth Lea	1